



SEVENTH-DAY ADVENTIST CHURCH SUNNYSIDE

SABBATH WORSHIP

7th MARCH 2026



SEVENTH-DAY ADVENTIST CHURCH
SUNNYSIDE

International Women's day of Prayer

THEME
A WOMAN • FAITH • PRAYER

ENGLISH SERVICE
With Mrs L. Supuni

7TH 7:30AM
MARCH 2026 - 4PM

SUNNYSIDE SDA CHURCH




ENGLISH SERMON

PREACHER: Mrs. L. Supuni
TITLE: A WOMAN, FAITH AND PRAYER
HYMN: 100 & 162



CHICHEWA SERMON

PREACHER: Mrs. Malinga
TITLE: A WOMAN, FAITH AND PRAYER
HYMN: 100 & 162

WORSHIP SERVICE THIS SABBATH

SABBATH – 7TH MARCH 2026

ENGLISH SERVICE 07:50 - 08:50

Children Sermonette	Mrs. C. Phuza
Preacher	Mrs. L. Supuni
Sign Language Interpreter	Mr. Justice Makuluni
Singing Groups	Dorcas
Chorister	Mr. S. Kamwendo
Pianist	Mr. L. Mahatchi
Call to worship and First Prayer	Grace Temani
Last Prayer and Offertory Reading	Funny Temani

SABBATH SCHOOL 09:00 - 09:30

Song Service & Sabbath School	Young Dorcas
Sabbath School Lesson	All Sabbath school class Leaders.

ANNOUNCEMENTS AND OFFERTORY 09:30 -09:50

Elder On Duty	Elder W. Chilunga
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CHICHEWA SERVICE 11:00 - 12:00

Ulaliki wa Ana	Mrs. Makawa
Mlaliki	Mrs. Malinga
Chilankhulo cha Manja	Mr. Justice Makuluni
Gulu Loimba	Dorcas
Woimbitsa Nyimbo	Mr. S. Kamwendo
Woimba Limba	Mr. L. Mahatchi
Call to worship and First Prayer	Mrs. Shamu
Last Prayer and Offertory Reading	Mrs. Bondera

AFTERNOON PROGRAM: WOMES'S DAY OF PRAYER

ELDER ON DUTY

ELDER W. CHILUNGA

DEACONS / DEACONESSES ON DUTY

English Service

Mr. Z. Meke	Leader
Mr. Chabaluka	Member
Mr. A. Chirwa	Member
Mr. R. Kachulu	Member
Mrs. Y. Nkosi	Member
Mrs. F. Bunyani	Member
Mrs. B. Moyo	Member
Mrs. C. Manjolo	Member

Chichewa Service

Mrs. C. Fatch	Leader
Ms. E. Khumala	Member
Mr. C. Kaluwa	Member
Mr. D. Seyani	Member

WORSHIP SERVICE NEXT SABBATH

SABBATH - 14th MARCH 2026

ENGLISH SERVICE 07:50 - 08:50

Children Sermonette	Mellonissa Saudi
Preacher	Music Department
Sign Language Interpreter	Justice Makuluni
Singing Groups	Sunnyside Heritage
Chorister	Mr. S. Nkosi
Pianist	Mr. M. Luwani

SABBATH SCHOOL 09:00 - 09:30

Song Service & Sabbath School	Communication Department
Sabbath School Lesson	All Sabbath school class Leaders.

ANNOUNCEMENTS AND OFFERTORY 09:30 - 09:50

Elder On duty	Elder B. Mwandama
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CHICHEWA SERVICE 11:00 - 12:00

Ulaliki wa Ana	Daphne Mandala
Mlaliki	Music Department
Chilankhulo cha Manja	Justice Makuluni
Gulu Loimba	Sunnyside Heritage
Woimbitsa Nyimbo	Mr. S. Nkosi
Woimba Limba	Mr. M. Luwani

AFTERNOON PROGRAM: ADVENTIST WORLD RADIO DAY

ELDER ON DUTY

ELDER B. MWANDAMA

DEACONS / DEACONESSES ON DUTY

English Service

Mr. A. Nyirenda	Leader
Mr. D. Kunkhoma	Member
Mr. A. Chumachao	Member
Mr. H. Philip	Member
Mrs. M. Chamba	Member
Mrs. M. Thembachako	Member
Mrs. M. Seyani	Member
Mrs. M. Sabola	Member

Chichewa Service

Mrs. M. Baloyi	Leader
Mrs. Chigwenembe	Member
Mr. H. Moyo	Member
Mr. S. Kamwendo	Member

LESSON 9: COMPLETE IN CHRIST

1. Last week, we studied the reconciliation of the world through Christ's death and resurrection. This week, our lesson demonstrates how that reconciliation culminates in stability, maturity, and completeness in Christ. We study at least eight characteristics that signify our completion in Christ

2. **Characteristic 1: Connection to Jesus.** Believers are made complete through their connection to Jesus, who is the exhaustive revelation of divine wisdom and head of all principalities and powers, requiring no additional human philosophy, tradition, or legalistic rules (Col 2:3, 9-10).

3. **Characteristic 2: Rooted and Established in Faith.** Spiritual stability comes from being "rooted", "built up" and "established" in Christ, which involves intentional holding fast to, and growing in, His teachings and living according to the truth of the gospel, rather than humanistic, "empty deceit" (Col 2:6-8). Paul warns against being "taken captive" and led astray by human philosophies and empty deceit.

4. **Characteristic 3: Circumcised Hearts:** Paul contrasts physical circumcision with the spiritual circumcision "made without hands", which means dying in sin and connecting with Christ through baptism (Col 2:11-12). This spiritual circumcision emphasizes that true belonging to God is not about outward rituals but about an inward change of heart and character.

5. **Characteristic 4: "Cancelled Debt".** The imagery of the legal charges or certificate of debt (not the law) being nailed to the cross signifies that Christ's sacrifice dealt once and for all with the penalty of sin that stood against us (Col 2:13-14). This act assures believers of their standing before God and encourages them to extend forgiveness to others.

6. **Characteristic 5: Victors over Principalities and Powers.** On the cross, Christ exposed, disarmed and triumphed over the powers of darkness (Col 2:15). This triumph assures believers that they can live boldly in their faith, knowing that they are secure in Christ's victory and do not need to rely on external spiritual aids.

7. **Characteristic 6: Liberated from Legalism.** Old Testament ceremonial laws were "shadows" pointing forward to the work of Christ (Col 2:16-17). Therefore, believers should not fear to be judged or judge anyone based on these add-ons. It is important to understand the purpose of the law and to recognize that Christ fulfills the requirements of the law, thus liberating believers from legalistic practices.

8. **Characteristic 7: Dying to Self:** To be truly complete in Christ, believers must go through a continuous process of dying to self, ensuring that they are not taken captive by "philosophies" of this world (Col 2:8 & 12). The dying to self is essential for spiritual growth, allowing believers to experience the fullness of life in Christ.

9. **Characteristic 8: Abiding in the Source of Growth.** True spiritual maturity rests on the all-sufficient work of Christ. This means that completion in Him is not achieved by add-ons of man-made religion and rituals, but by abiding in Jesus as the source of growth (Col 2:19).

10. We only need Jesus to be complete. Man-made doctrines and practices distract us from, rather than add to, the spiritual fullness found in Christ (Col 2:18-23). Man-made teachings may appear pious but ultimately detract from the spiritual richness and completeness that Christ offers. Next week's lesson will focus on "Living with Christ".

Upcoming Events

January 2026

1. 7th March - Women's Day of Prayer

BIRTHDAYS COLUMN

Sunnyside Church members would like to celebrate the birthdays of the following brethren;

1. Mr. T. Mpinganjira – 28th February
2. Worship Kamwendo – 1st March
3. Mrs. Kulisewa – 3rd March

Note: Members who would like to share their Birthdays are kindly requested to register with the **Communications Secretary, Mr. A. Phuza, on 0999008697**

Announcements

1. We warmly welcome our visitors and regular Church members. Let us all observe reverence in the Church.
2. Today is Women's Day Of Prayer led by the Dorcas women. The theme is A woman, Faith, and Prayer.
3. The Church Pastor would like to advise all church members that Home Visitations are underway. Please accord him a warm welcome when he visits your home.
4. All Church Board Members are invited to monthly Church board on 15th March, from 09:00 am. Please be punctual.
5. Members are reminded to faithfully support the Local Church Budget to sustain church ministries and operations.
6. The Great Controversy has been approved as 2026 Book of the year. Members are encouraged to read, or buy a copy for someone.
7. All members are invited to the weekly online Bible study every Wednesday, from 6:30 pm to 7:30 pm. Anyone with problems accessing the bible study should communicate with the communication department.

Wedding announcement

We hereby give notice of wedding intentions between Dr. Yohane Gadama, the bridegroom, from **Kamwetsa, T/A Ganya**, Ntcheu District, a member of **Kabula Hill SDA Church**, and **Iannah Simba**, the Bride from **Munyaka, T/A Munyaka, Shurungwe District, Kenya**, a member of the **Gloryland SDA Church, Kenya**.

The wedding shall be officiated on 22nd March 2026 from 08:00 am at Sunnyside SDA Church.

This is the Second announcement.

Recurring Announcements

- Members are being encouraged to notify Head Deacon, Mr. T Kazembe, of any sickness or bereavement, for members to pray and be available for the concerned families.
- The Church would like to appeal to members who have been worshiping with us for more than six months, or will be worshiping with us for a long time, to contact the Church Clerk to have their names transferred to Sunnyside Church.
- Sunnyside Jesus Way meets every Wednesday and Friday from 5:30- 6:15 pm. All members who would like to attend are most welcome.

- 2026 Sunnyside Church AY Membership Fee Registration is as follows;

ADVENTURERS	PATHFINDERS	SENIOR YOUTH	MASTERGUIDE
K2,000.00	K3,000.00	K4,000.00	K5,000.00

- Announcements from Adventist Youth

Monthly Contributions are as follows;

Adventures	-K500.00
Pathfinders	-K500.00
Senior Youth(16 years above)	-K1,000.00

AY classes shall be held on Sundays.

- Both men and women, boys and girls, are reminded to dress responsibly, bearing in mind that as Children of the Most High come to God's house to worship in truth and in spirit. Therefore, need to dress appropriately as befitting Christians waiting for the second coming of Jesus Christ.
- Members are being encouraged to come on time for the Church services and encouraged to attend afternoon programs. English service starts at 07:30 am.

HEALTH DEPARTMENT

The health department invites all members to Sports activities every Sunday, from 05:00 am, here at the church. This Sunday, everyone coming to the Sports should bring a notebook and a pen. The health department would like to monitor the progress of all participants.

MUSIC DEPARTMENT

Sabbath Music Session: From 1:30 pm to 2:00 pm

Special appeal to Parents to ensure that their wards attend afternoon programs and are not outside during afternoon worship.

REMEMBER TITHE AND OFFERING

PLEASE REMEMBER TO RETURN TITHE AND GIVE OFFERINGS
USE THE ENVELOPES FOR YOUR PLANNED TITHE & OFFERINGS

JOURNEY THROUGH THE BIBLE

Reading from 8th – 14th April 2026

08/03/2026 - (2 Kings 13)
 09/03/2026 - (2 Kings 14)
 10/03/2026 - (2 Kings 14)
 11/03/2026 - (2 Kings 16)
 12/03/2026 - (2 Kings 17)
 13/03/2026 - (2 Kings 18)
 14/03/2026 - (2 Kings 19)

SABBATH PROGRAMS

ACTIVITY	TIME	
Teachers Lesson	6:45:am	7:20:am
Prayer Band	7:20:am	7:30:am
Song Service	7:30:am	7:50:am
English Service	7:50:am	8:50am
Song Service	8:50:am	9:00am
Sabbath School	9:00:am	9:30:am
Announcements & Offertory	9:30am	9:50am
Sabbath School Classes	9:50am	10:50am
Song Service	10:50am	11:00am
Chichewa Service	11:00am	12:00noon
Afternoon Program	2:00pm	4:00pm

REMEMBER TITHE AND OFFERING

**PLEASE REMEMBER TO RETURN TITHE AND GIVE OFFERINGS
 USE THE ENVELOPES FOR YOUR PLANNED TITHE & OFFERINGS**

This chapter is based on 1 Samuel 22:20- 23; 23-27.

After Saul's atrocious slaughter of the priests of the Lord, "one of the sons of Ahimelech the son of Ahitub, named Abiathar, escaped, and fled after David. And Abiathar showed David that Saul had slain the Lord's priests. And David said unto Abiathar, I knew it that day, when Doeg the Edomite was there, that he would surely tell Saul: I have occasioned the death of all the persons of thy father's house. Abide thou with me, fear not: for he that seeketh my life seeketh thy life: but with me thou shalt be in safeguard."

Still hunted by the king, David found no place of rest or security. At Keilah his brave band saved the town from capture by the Philistines, but they were not safe, even among the people whom they had delivered. From Keilah they repaired to the wilderness of Ziph.

At this time, when there were so few bright spots in the path of David, he was rejoiced to receive an unexpected visit from Jonathan, who had learned the place of his refuge. Precious were the moments which these two friends passed in each other's society. They related their varied experiences, and Jonathan strengthened the heart of David, saying, "Fear not: for the hand of Saul my father shall not find thee; and thou shalt be king over Israel, and I shall be next unto thee; and that also Saul my father knoweth." As they talked of the wonderful dealings of God with David, the hunted fugitive was greatly encouraged. "And they two made a covenant before the Lord: and David abode in the wood, and Jonathan went to his house."

After the visit of Jonathan, David encouraged his soul with songs of praise, accompanying his voice with his harp as he sang: "In the Lord put I my trust:

How say ye to my soul,
Flee as a bird to your mountain?
For, lo, the wicked bend their bow,
They make ready their arrow upon the string,
That they may privily shoot at the upright in heart.
If the foundations be destroyed,
What can the righteous do?
The Lord is in His holy temple,
The Lord's throne is in heaven:
His eyes behold, His eyelids try, the children of men.
The Lord trieth the righteous:
But the wicked and him that loveth violence His soul
hateth." Psalm 11:1-5.

The Ziphites, into whose wild regions David went from Keilah, sent word to Saul in Gibeah that they knew where David was hiding, and that they would guide the king to his retreat. But David, warned of their intentions, changed his position, seeking refuge in the mountains between Maon and the Dead Sea.

Again word was sent to Saul, "Behold, David is in the wilderness of Engedi. Then Saul took three thousand chosen men out of all Israel, and went to seek David and his men upon the rocks of the wild goats." David had only six hundred men in his company, while Saul advanced against him with an army of three thousand. In a secluded cave the son of Jesse and his men waited for the guidance of God as to what should be done. As Saul was pressing his way up the mountains, he turned aside, and entered, alone, the very cavern in which David and his band were hidden. When David's men saw this they urged their leader to kill Saul. The fact that the king was now in their power was interpreted by them as certain evidence that God Himself had delivered the enemy into their hand, that they might destroy him. David was tempted to take this view of the matter; but the voice of conscience spoke to him, saying, "Touch not the anointed of the Lord."

David's men were still unwilling to leave Saul in peace, and they reminded their commander of the words of God, "Behold, I will deliver thine enemy into thine hand, that thou mayest do to him as it shall seem good unto thee. Then David arose, and cut off the skirt of Saul's robe privily." But his conscience smote him afterward, because he had even marred the garment of the king.

CHURCH LEADERSHIP

DEPARTMENT	ADVISOR	PHONE
1. Church Pastor	Ps. Dr. Katsekera	+265991684986
2. First Elder	Elder R Bunyani	+265999871055
3. Associate First Elder	Elder Mwandama	+265888300507
4. Finance & Proc Treasury	Elder R Bunyani	+265999871055
5. Deaconary Church Clerk Music	Elder Mwandama	+265888300507
6. Family Life Dorcus Fundraising	Elder A Chipungu	+265888857696
7. Strategic Planning Camp Meeting Church Development	Elder G Phuza	+265999587063
8. Personal Min Stewardship Publishing	Elder W Chilunga	+265887171665
9. Youth Min Children's Min	Elder Y Nseula	+265999974888
10. AMO Public Affairs & Religious Liberty	Elder B Supuni	+265999916300
11. Health Communication Education	Elder J Dzinga	+265981822542
12. Sabbath School PCM	Elder Z Matiti	+265888788098
13. Adventist Possibilities Int. Coordinator	Elder V Jere	+265997358586

DEPARTMENTAL LEADERS

DEPARTMENT	LEADER	PHONE
1. Head Deacon	Mr Kazembe	+265999954045
2. Head Deaconess	Mrs F. Bunyani	+265997162262
3. Church Clerk	Mr N. Pendame	+265999273825
4. Church Treasurer	Mr K Mtike	+265999173762
5. Church Dev	Mr W Mpinganjira	+265888200300
6. Fundraising	Mrs S Mwandama	+265881025122
7. Finance & Procurement	Mrs Betty Matandika	+265993784874
8. Personal Ministries	Mrs C Fatch	+265888209280
9. Dorcas	Mrs I Matiti	+265999949881
10. Adventist Men	Mr C Gondwe	+265888431825
11. Family Ministries	Mr & Mrs Koloviko	+265888204066
12. Health	Dr F Nyambi	+265999621106
13. Interest Coordinator	Ms E Khumala	+265992147227
14. Sabbath School Superintendent	Mrs B Chirombo	+265999308233
15. Communications Leader	Mr A Phuza	+265999008697
16. Stewardship	Prof Kululanga	+265883634604
17. Spirit Of Prophecy	Mr R Gomani	+265888455913
18. Religious Liberty	Mr C Gondwe	+265888431825
19. Music Director	Mr S Matandika	+265999867719
20. PCM	Mr P Chonzi	+265881265663
21. Children's Min	Dr L Kululanga	+265888851381
22. Young Adult	Mr A Chirwa	+265881337156
23. Pathfinder	Ms S Chumachawo	+265995473519
24. Adventurer	Ms L Makuluni	+265881388365
25. Camp Meeting	Mr Z Meke	+265999344467

CHURCH BANK DETAILS

FDH BANK, UMOYO BRANCH, BLANTYRE
(Main) Account Number - 1850000061481
(Building) Account Number - 1850000061497
Email address : treasure.sunnysidesda@gmail.com

church clerk email: clerk@sunnysidesdamw.com
sunnysidesdachurchmw@gmail.com