



SEVENTH-DAY ADVENTIST CHURCH SUNNYSIDE

Sabbath Worship

17th January 2026



SEVENTH-DAY
ADVENTIST CHURCH
SUNNYSIDE

10 DAYS OF PRAYER

THEME: Unleashed!

7th January
17th January

17H30
18H30

 Sunnyside SDA Church



ENGLISH & CHICHEWA SERMON

PREACHER: Elder C. Gondwe
THEME: "True Worship and True Liberty:
The First Angel's Message for Our Time
HYMN: 199

P.O. Box 31560, Chichiri, Blantyre 3, Malawi, Africa
Email: sunnysidesdachurchmw@gmail.com

WORSHIP SERVICE NEXT SABBATH

SABBATH – 10TH January 2026

ENGLISH SERVICE 07:50 - 08:50

Children Sermonette	Mrs. Banzi
Preacher	Elder C. Gondwe
Sign Language Interpreter	Mr. Justice Makuluni
Singing Groups	Faithful Love
Chorister	S. Kamwendo
Pianist	Mr. M Luwani

SABBATH SCHOOL 09:00 – 09:30

Song Service & Sabbath School	Faithful Love
Sabbath School Lesson	All Group Discussion Leaders

ANNOUNCEMENTS AND OFFERTORY 09:30 -09:50

Bible reading	TBA
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CHICHEWA SERVICE 11:00 - 12:00

Ulaliki wa Ana	Mrs. Chilunga
Mlaliki	Elder C. Gondwe
Chilankhulo cha Manja	Mr. Justice Makuluni
Gulu Loimba	Faithful Love
Woimbitsa Nyimbo	S. Kamwendo
Woimba Limba	Mr. Luwani

AFTERNOON PROGRAM: Religious Liberties

ELDER ON DUTY

Elder A. Chipungu

DEACONS / DEACONESSES ON DUTY

English Service

Mr. S. Matiti	Leader
Mr. S. Nyahoda	Member
Mr. V. Chiumia	Member
Mr. W. Banda	Member
Mrs. I. Matiti	Member
Mrs. Nema	Member
Ms. Vomela	Member
Mrs. M.Chibwana	Member

Chichewa Service

Ms. T. Tembo	Leader
Mrs. W. Nseula	Member
Mr. Z. Meke	Member
Mr. Chabaluka	Member

WORSHIP SERVICE NEXT SABBATH

SABBATH – 24th JAN 2026

ENGLISH SERVICE 07:50 - 08:50

Children Sermonette	Dr. Lucy Kazembe
Preacher	Evangelism Team from Loma Linda
Sign Language Interpreter	Justice Makuluni
Singing Groups	Open Bible
Chorister	Mr. H. Moyo
Pianist	Mr. L. Mahatchi

SABBATH SCHOOL 09:00 - 09:30

Song Service & Sabbath School	Open Bible
Sabbath School Lesson	All Group Discussion Leaders

ANNOUNCEMENTS AND OFFERTORY 09:30 -09:50

Bible reading	TBA
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CHICHEWA SERVICE 11:00 - 12:00

Ulaliki wa Ana	Ms. Loveness Masiyano.
Mlaliki	Evangelism Team from Loma Linda
Chilankhulo cha Manja	Justice Makuluni
Gulu Loimba	Open Bible
Woimbitsa Nyimbo	Mr. H Moyo
Woimba Limba	Mr. L. Mahatchi

AFTERNOON PROGRAM: RELIGIOUS LIBERTY DAY

ELDER ON DUTY

Elder G Phuza

DEACONS / DEACONESSES ON DUTY

English Service

Mr. A. Chirwa	Leader
Mr. D. Kunkhoma	Member
Mr. A. Nyirenda	Member
Mr. C. Kaluwa	Member
Mrs. Y. Nkosi	Member
Mrs. B. Moyo	Member
Ms. C. Fatch	Member
Ms. E. Khumala	Member

Chichewa Service

Ms. M. Chamba	Leader
Mrs. A Chumachao	Member
Mr. Z. Kachulu	Member
Mr. A. Chumachao	Member

LESSON 3: LIFE AND DEATH

1. The previous lesson explored five reasons for being prayerful and thankful as a deliberate recognition of God's grace and peace. This week we study "Life and Death" to understand that the greatest impact of our life is realized when we are unified in Christ (Phil. 1:20, 27; John 17:21).
2. The suffering of Paul, recorded in 2 Cor. 11, is not self-pity nor a desire for personal comfort and acquittal, but a revelation that gospel ministry is authenticated through costly faithfulness. It heightens spiritual vigilance and transforms persecution into platforms for gospel witness.
3. Paul was willing to labour for the faith of others (2 Cor. 12:15). This reflects Christ's sacrificial love, in which investment in people outweighs personal preservation, redefining leadership as a willingness to expend oneself for the eternal good of others. This mindset turns relational trials into opportunities to reinforce that true ministry costs everything yet gains Christ.
4. Paul's life also illustrates that "all who live godly in Christ Jesus shall suffer persecution" (2 Tim. 3:12). This paradox arises because the more a person's life reflects that of Jesus, the more it may provoke resentment in a world aligned against God; yet such resemblance remains the currency of authentic mission.
5. When Paul says "For me, to live is Christ" (Phil. 1:21), he probably is referring to being made visible through word, conduct, and suffering (Gal. 2:20). Paul's life functioned as a living example of the gospel, revealing Christ to others through steadfast faithfulness. If your life were the only gospel someone read, what picture of Christ would they see?
6. Paul's assertion that "to die is gain" must be read within the cosmic conflict, where faithfulness unto death unmasks Satan's lies and vindicates God's character (Rev. 12:11; Heb. 2:14-15). How are we called to make sense of tribulation in light of faith and the gospel?
7. Paul's desire to "depart and be with Christ" (Phil. 1:23) should not be read as teaching on immediate consciousness in death, but as an anticipation of the resurrection morning at Christ's return, consistent with Jesus' description of death as sleep (John 11:11-14). Christian hope, therefore, rests not in disembodied immortality but in the resurrection secured by Christ's return.
8. Church unity thrives on shared allegiance and submission to Christ's lordship, truth, and humble service, and not institutional pressure (Phil. 1:27; 2:2; John 17:17-19). Disunity arises where pride, ambition, and love for worldly gain eclipse the life shaped by the cross (Phil. 2:3; 1 John 2:15-16; James 4:1-4). Does our fellowship cultivate humility or competition?
9. United witness neutralizes intimidation, as Paul notes that believers who remain unshaken become "a sign" of impending judgement (Phil. 1:28). This corporate courage flows from shared conviction. Does our church community inspire boldness or cause fear and anxiety? Satan cannot silence the body of Christ standing together in truth.
10. A mission-minded life requires total surrender to God's will, viewing both life and death through the lens of Christ's victory in the cosmic conflict. By prioritizing unity in humility, a concept we unpack next week, we fulfill our role as the remnant in these last days.

Upcoming Events

January 2026

1. 17th January - Elders & Deacons Ordination.
2. 31st January - Children's dedications

BIRTHDAYS COLUMN

04th January 2026 to 10TH January 2026

Sunnyside Church members would like to celebrate the birthdays of the following brethren;

Note: Members who would like to share their Birthdays are kindly requested to register with the **Communications Secretary, Mr. A. Phuza, on 0999008697**

Announcements

1. We warmly welcome our visitors and regular Church members. Let us all observe reverence in the Church
2. We shall have the Ordination of Elders and Deacons today.
3. The Sabbath School Department invites all Sabbath School Council members: Church pastor-Pastor Katsekera, sabbath school team, sabbath school sponsor - Elder Ziggy Matiti, children ministry coordinator-Dr Lucy kululanga and Personal Ministry Leader-Mrs. Chisomo Fatch to a meeting today at 4:30 PM, here at the church.
4. We shall have a workers' meeting tomorrow, the 18th of January. All working members are requested to attend.
5. We shall have a Church Board meeting on 25th January; all church board members are requested to attend.
6. On 31st January 2026, we shall have Children's Dedication. All parents with children who would like to be dedicated are requested to register their names with the Children's Ministries.
7. From 23-25, we shall have Evangelism seminar by Heart Surgery Team from Lomalinda University. This seminar is for SWMC.
8. The church is requesting all of those who are interested in supplying Goods and services in 2026 to send an application to Mrs Betty Matandika.
9. All members are invited to the weekly online Bible study every Wednesday, from 6:30 pm to 7:30 pm. Anyone with problems accessing the bible study should communicate with the communication department.

Recurring Announcements

- Members are being encouraged to notify Head Deacon, Mr. T Kazembe, of any sickness or bereavement, for members to pray and be available for the concerned families.
- The Church would like to appeal to members who have been worshipping with us for more than six months, or will be worshipping with us for a long time, to contact the Church Clerk to have their names transferred to Sunnyside Church.
- Sunnyside Jesus Way meets every Wednesday and Friday from 5:30- 6:15 pm. All members who would like to attend are most welcome.

- 2025 SWM conference AYM Membership Fee Registration is as follows;

ADVENTURERS	PATHFINDERS	SENIOR YOUTH ABOVE 16YEARS
K1,400.00	K2,100.00	K2,800.00

- Announcements from Adventist Youth

Monthly Contributions are as follows;

Adventures	-K500.00
Pathfinders	-K500.00
Senior Youth(16 years above)	-K1,000.00

AY classes shall be held on Sundays.

- Both men and women, boys and girls, are reminded to dress responsibly, bearing in mind that as Children of the Most High come to God's house to worship in truth and in spirit. Therefore, need to dress appropriately as befitting Christians waiting for the second coming of Jesus Christ.
- Members are being encouraged to come on time for the Church services and encouraged to attend afternoon programs. English service starts at 07:30 am.

- **HEALTH DEPARTMENT**

The health department invites all members to Sports activities every Sunday, from 05:00 am, here at the church. This Sunday, everyone coming to the Sports should bring a notebook and a pen. The health department would like to monitor the progress of all participants.

- **MUSIC DEPARTMENT**

Sabbath Music Session: From 1:30 pm to 2:00 pm

Special appeal to Parents to ensure that their wards attend afternoon programs and are not outside during afternoon worship.

REMEMBER TITHE AND OFFERING

PLEASE REMEMBER TO RETURN TITHE AND GIVE OFFERINGS
USE THE ENVELOPES FOR YOUR PLANNED TITHE & OFFERINGS

JOURNEY THROUGH THE BIBLE

Reading from 18th – 24th Jan 2026

18/01/2026 - (2 Samuel 10)
 19/01/2026 - (2 Samuel 11)
 20/01/2026 - (2 Samuel 12)
 21/01/2026 - (2 Samuel 13)
 22/01/2026 - (2 Samuel 14)
 23/01/2026 - (2 Samuel 15)
 24/01/2026 - (2 Samuel 16)

Weekly Spirit of Prophecy Reading; Patriarchs and Prophets
 Chapter 56—The Earlier Judges

SABBATH PROGRAMS

ACTIVITY	TIME	
Teachers Lesson	6:45:am	7:20:am
Prayer Band	7:20:am	7:30:am
Song Service	7:30:am	7:50:am
English Service	7:50:am	8:50am
Song Service	8:50:am	9:00am
Sabbath School	9:00:am	9:30:am
Announcements & Offetory	9:30am	9:50am
Sabbath School Classes	9:50am	10:50am
Song Service	10:50am	11:00am
Chichewa Service	11:00am	12:00noon
Afternoon Program	2:00pm	4:00pm

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DENTAL HYGIENE

Common Types of Oral Conditions & Dental Diseases

Temporomandibular Joint Dysfunction (TMD)

Jaw injuries, long-term teeth grinding or clenching, and other medical issues can lead to [temporomandibular joint dysfunction \(TMJ\)](#). This group of disorders causes pain in the jaw joint when opening and closing the mouth. It can interfere with chewing, talking, and eating.

Around 10 million people in the US suffer from at least one TMJ disorder.⁷ Common treatments for TMJ include:

- [Mouthguards](#)
- Orthodontics
- Jaw surgery
- Physical therapy

Chapter 56—Eli and His Sons

Eli was priest and judge in Israel. He held the highest and most responsible positions among the people of God. As a man divinely chosen for the sacred duties of the priesthood, and set over the land as the highest judicial authority, he was looked up to as an example, and he wielded a great influence over the tribes of Israel. But although he had been appointed to govern the people, he did not rule his own household. Eli was an indulgent father. Loving peace and ease, he did not exercise his authority to correct the evil habits and passions of his children. Rather than contend with them or punish them, he would submit to their will and give them their own way. Instead of regarding the education of his sons as one of the most important of his responsibilities, he treated the matter as of little consequence. The priest and judge of Israel had not been left in darkness as to the duty of restraining and governing the children that God had given to his care. But Eli shrank from this duty, because it involved crossing the will of his sons, and would make it necessary to punish and deny them. Without weighing the terrible consequences that would follow his course, he indulged his children in whatever they desired and neglected the work of fitting them for the service of God and the duties of life.

God had said of Abraham, “I know him, that he will *command* his children and his household after him, and they shall keep the way of the Lord, to do justice and judgment.” Genesis 18:19. But Eli allowed his children to control him. The father became subject to the children. The curse of transgression was apparent in the corruption and evil that marked the course of his sons. They had no proper appreciation of the character of God or of the sacredness of His law. His service was to them a common thing. From childhood they had been accustomed to the sanctuary and its service; but instead of becoming more reverent, they had lost all sense of its holiness and significance. The father had not corrected their want of reverence for his authority, had not checked their disrespect for the solemn services of the sanctuary; and when they reached manhood, they were full of the deadly fruits of skepticism and rebellion.

Though wholly unfit for the office, they were placed as priests in the sanctuary to minister before God. The Lord had given the most specific directions in regard to offering sacrifices; but these wicked men carried their disregard of authority into the service of God, and did not give attention to the law of the offerings, which were to be made in the most solemn manner. The sacrifices, pointing forward to the death of Christ, were designed to preserve in the hearts of the people faith in the Redeemer to come; hence it was of the greatest importance that the Lord’s directions concerning them should be strictly heeded. The peace offerings were especially an expression of thanksgiving to God. In these offerings the fat alone was to be burned upon the altar; a certain specified portion was reserved for the priests, but the greater part was returned to the offerer, to be eaten by him and his friends in a sacrificial feast. Thus all hearts were to be directed, in gratitude and faith, to the great Sacrifice that was to take away the sin of the world.

The sons of Eli, instead of realizing the solemnity of this symbolic service, only thought how they could make it a means of self-indulgence. Not content with the part of the peace offerings allotted them, they demanded an additional portion; and the great number of these sacrifices presented at the annual feasts gave the priests an opportunity to enrich themselves at the expense of the people. They not only demanded more than their right, but refused to wait even until the fat had been burned as an offering to God. They persisted in claiming whatever portion pleased them, and, if denied, threatened to take it by violence.

CHURCH LEADERSHIP

DEPARTMENT	ADVISOR	PHONE
1. Church Pastor	Ps. Dr. Katsekera	+265991684986
2. First Elder	Elder R Bunyani	+265999871055
3. Associate First Elder	Elder Mwandama	+265888300507
4. Finance & Proc Treasury	Elder R Bunyani	+265999871055
5. Deaconary Church Clerk Music	Elder Mwandama	+265888300507
5. Family Life Dorcus Fundraising	Elder A Chipungu	+265888857696
6. Strategic Planning Camp Meeting Church Development	Elder G Phuza	+265999587063
7. Personal Min Stewardship Publishing	Elder W Chilunga	+265887171665
8. Youth Min Children's Min	Elder Y Nseula	+265999974888
9. AMO Public Affairs & Religious Liberty	Elder B Supuni	+265999916300
10. Health Communication Education	Elder J Dzinga	+265981822542
11. Sabbath School PCM	Elder Z Matiti	+265888788098
12. Adventist Possibilities Int. Coordinator	Elder V Jere	+265997358586

DEPARTMENTAL LEADERS

DEPARTMENT	LEADER	PHONE
1. Head Deacon	Mr Kazembe	+265999954045
2. Head Deaconess	Mrs F. Bunyani	+265997162262
3. Church Clerk	Mr N. Pendame	+265999273825
4. Church Treasurer	Mr K Mtike	+265999173762
5. Church Dev	Mr W Mpinganjira	+265888200300
6. Fundraising	Mrs S Mwandama	+265881025122
7. Finance & Procurement	Mrs Betty Matandika	+265993784874
8. Personal Ministries	Mrs C Fatch	+265888209280
9. Dorcas	Mrs I Matiti	+265999949881
10. Adventist Men	Mr C Gondwe	+265888431825
11. Family Ministries	Mr & Mrs Koloviko	+265888204066
12. Health	Dr F Nyambi	+265999621106
13. Interest Coordinator	Ms E Khumala	+265992147227
14. Sabbath School Superintendent	Mrs B Chirombo	+265999308233
15. Communications Leader	Mr A Phuza	+265999008697
16. Stewardship	Prof Kululanga	+265883634604
17. Spirit Of Prophecy	Mr R Gomani	+265888455913
18. Religious Liberty	Mr C Gondwe	+265888431825
19. Music Director	Mr S Matandika	+265999867719
20. PCM	Mr P Chonzi	+265881265663
21. Children's Min	Dr L Kululanga	+265888851381
22. Young Adult	Mr A Chirwa	+265881337156
23. Pathfinder	Ms S Chumachawo	+265995473519
24. Adventurer	Ms L Makuluni	+265881388365
25. Camp Meeting	Mr Z Meke	+265999344467

CHURCH BANK DETAILS

FDH BANK, UMOYO BRANCH, BLANTYRE
(Main) Account Number - 1850000061481
(Building) Account Number - 1850000061497
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sunnysidesdachurchmw@gmail.com