



# SEVENTH-DAY ADVENTIST CHURCH

## SUNNYSIDE

SABBATH WORSHIP

6th December 2025



English Service  
God's time  
Church Hymnal No. 476  
Burdens are lifted at Calvary

Chichewa Service  
Dzuka, Lamulira moyo wako  
Nyimbo KMN No. 98



**Pastor P Phaiya**

P.O. Box 31560 Chichiri, Blantyre 3, Malawi Africa  
Email: [sunnysidesdachurchmw@gmail.com](mailto:sunnysidesdachurchmw@gmail.com)

# WORSHIP SERVICE THIS SABBATH

## SABBATH – 6<sup>th</sup> December 2025

ENGLISH SERVICE 07:50 - 08:50	
Children Sermonette	Mrs N Mpinganjira
Preacher	Pastor P Phaiya
Sign Language Interpreter	Mrs Chapaladza
Singing Groups	Senior Choir
Chorister	Dr H Moyo
Pianist	Mr Mphatso Luwani
First Prayer & Call to worship	TBA
Second Prayer	TBA
SABBATH SCHOOL 09:00 – 09:30	
Song Service & Sabbath School	Senior Choir
Sabbath School Lesson	All Group Discussion Leaders
ANNOUNCEMENTS AND OFFERTORY 09:30 -09:50	
Bible reading	Mike Mbewe
Elder Mataya	Elder A Chipungu
CHICHEWA SERVICE 11:00 - 12:00	
Ulaliki wa Ana	Tafali Makuluni
Mlaliki	Pastor P Phaiya
Chilankhulo cha Manja	Mrs Chapaladza
Gulu Loimba	Senior Choir
Woimbitsa Nyimbo	Dr H Moyo
Woimba Limba	Mr Mphatso Luwani
Pemphero Loyamba	TBA
Pemphero Lotsiliza	TBA

AFTERNOON PROGRAM : TBA

### ELDER ON DUTY

Elder J Mataya and Elder A Chipungu

### DEACONS / DEACONESSES ON DUTY

#### English Service

Mr. A. Mlombwa	Member
Mr. B. Ndazipere	Member
Mr. H. Philip	Member
Mr. F. Kapito	Leader
Mr. Kachiswe	Member
Mrs. S. Mwandama	Member
Mrs. Chigwenembe	Member
Ms. Khumbo Chimungu	Member
Ms. Madalo Mbewe	Member
Mrs. B. Matandika	Member

#### Chichewa Service

Mr. Chumachawo	Member
Mr. Chonzi	Leader
Mrs. P. Katundu	Member
Mrs. Pendame	Member

# WORSHIP SERVICE NEXT SABBATH

## SABBATH – 13<sup>th</sup> December 2025

ENGLISH SERVICE 07:50 - 08:50	
Children Sermonette	Miss Shilla Chumachawo
Preacher	AY
Sign Language Interpreter	Mrs Chapaladza
Singing Groups	Adventist Youth
Chorister	Mr S Kamwendo
Pianist	Mr L Mahatchi
First Prayer & Call to worship	TBA
Second Prayer	TBA
SABBATH SCHOOL 09:00 – 09:30	
Song Service & Sabbath School	Adventist Youth
Sabbath School Lesson	All Group Discussion Leaders
ANNOUNCEMENTS AND OFFERTORY 09:30 -09:50	
Bible reading	Mike Mbewe
Elder A Chipungu	AY Department
CHICHEWA SERVICE 11:00 - 12:00	
Ulaliki wa Ana	Mrs I Matiti
Mlaliki	Comrade
Chilankhulo cha Manja	Mrs Chapaladza
Gulu Loimba	Adventist Youth
Woimbitsa Nyimbo	Mr S Kamwendo
Woimba Limba	Mr L Mahatchi
Pemphero Loyamba	TBA
Pemphero Lotsiliza	TBA

AFTERNOON PROGRAM :

ELDER ON DUTY

Elder A Chipungu and Elder W Mpinganjira

DEACONS / DEACONESSES ON DUTY

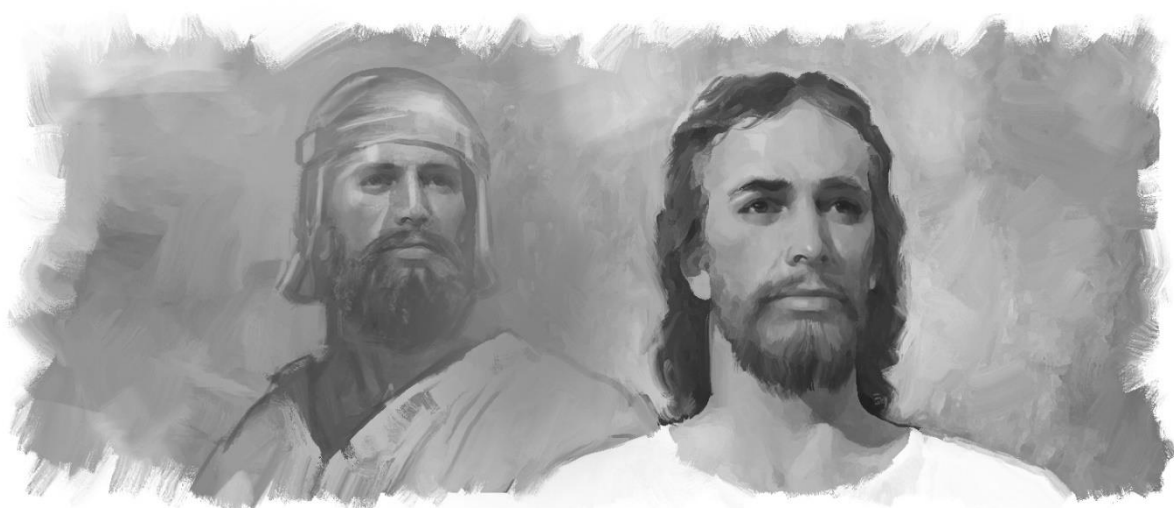
English Service

Mr. B. Supuni	Member
Mr. S. Matiti	Member
Mr. H. Moyo	Leader
Mr. Thembachako	Member
Mr. V. Jere	Member
Mrs. F. Bunyani	Member
Ms. Rhoda Jeremiah	Member
Ms. Leyla Makuluni	Member
Ms. Mirriam Kululanga	Member
Ms. Maureen Zeka	Member

Chichewa Service

Mr. R. Kachulu	Member
Mr. C. Mtike	Member
Ms. Jean Mwandama	Leader
Ms. Catherine Malimuse	Member

**•Giants of Faith: The True Joshua**



SABBATH AFTERNOON

**Read for This Week's Study:** [1 Cor. 10:1-13; Matt. 2:15; Josh. 1:1-3; Acts 3:22-26; Heb. 3:7—4:11; 2 Cor. 10:3-5](#)

**Memory Text:** “Now these things happened to them as an example, but they were written down for our instruction, on whom the end of the ages has come” ([1 Corinthians 10:11](#), ESV).

In the book of Joshua, there is a sense that the life of its main character points beyond itself to a reality that is much greater than the man himself. We see this principle all through the Bible, such as with the land of Canaan, a symbol of our eternal hope in a new earth. And, of course, the earthly sanctuary service pointed to a greater reality: “But Christ came as High Priest of the good things to come, with the greater and more perfect tabernacle not made with hands, that is, not of this creation” ([Heb. 9:11](#), NKJV).

But the question arises: In what way does Joshua point to a future fulfillment? How can we be sure that such an interpretation of the book is legitimate? What are the biblical principles that control the application of the book of Joshua to New Testament realities and to end-time events?

This week, we will look at principles of biblical interpretation concerning typology. We will study how the Bible itself contains indicators of typology and how the life of Joshua foreshadows the ministry of the Messiah and points to symbolism fulfilled in the church, as well as in the consummation of human history.

*Study this week's lesson to prepare for Sabbath, December 6.*

# Upcoming Events – January 2026

3<sup>rd</sup> Jan 2025 - Quarterly Day of Prayer and Fasting  
7<sup>th</sup> -17<sup>th</sup> Jan 2025 - 10 Days of Prayer

## Details of Events

- December 13: **AY Investiture**
- December 14-19 Revival Week by Pr. Thomas**
- December 20<sup>th</sup>: Holy Communion**
- December 27<sup>th</sup>: Music Sabbath**

## BIRTHDAYS COLUMN 30<sup>th</sup> November TO 6<sup>th</sup> December 2025

Sunnyside Church members would like to cerebrate birthdays of the following brethren;

- 1.



**Note:** Members who would like to share their Birthdays are kindly requested to register with **Communications Secretary, Mr. S Nkosi on 0988950350**

# Announcements

1. We warmly welcome our visitors and regular Church members. Let us all observe reverence in Church
2. There shall be a Joint Church Board for 2025 officers and 2026 officers on 14<sup>th</sup> December from 9:00 am.
3. **We shall have Holy Communion on 20<sup>th</sup> December, as usual we shall have one Service. All Church members are being reminded to partake the Holy Communion Including the newly baptized members.**
4. We shall have a revival week by Pastor W Thomas the president of SWMC from 14<sup>th</sup> December 2025 to 20<sup>th</sup> December 2025..
5. The On-line Bible study started with 10 participants on Wednesday 3<sup>rd</sup> December 2025, The second episode shall be conducted on 10<sup>th</sup> December 2025. Any one with problems to access the bible study should communicate to the communication department..
6. AY Investiture shall take place on 13<sup>th</sup> December 2025. All those to be Invested are requested to prepare. All Master guides should put on their Uniforms to support in the investiture .

## TRANSFER IN

- 1.Christina Douglas from Chiwandira
2. Ellenor Chilunga Mphate SDA
3. Getrude Kawelama Namilango SDA

This is first Announcement

## WEDDING ANNOUNCEMENT

1. We hereby give notice of wedding intentions between Burnet Bennet Khanje, the Bridegroom from Tambala Village T/A Makuka, Mulanje, a member of Soche SDA Church, and Linly Hannah Ngaiyaye, the Bride from Likwakwanda Village T/A Nchilamwera, Thyolo, a member of Likhubula SDA Church.

The wedding shall be officiated on 21<sup>st</sup> December 2025 by Pastor Charles Thangalimodzi from 08:00am at Sunnyside SDA Church and there after to a reception at Yaski Gardens from 1:00pm

**This is Second announcement.**

**Anyone with reservation kindly contact the Church Pastor or First Elder**

# Recurring Announcements

- Members are being encouraged to notify Head Deacon, Mr. T Kazembe of any sickness or bereavement, for members to pray and be available for the concerned families.
- The Church would like to appeal to members who have been worshipping with us for more than six months, or will be worshipping with us for long, to contact the Church Clerk, to have their names transferred to Sunnyside Church.
- Sunnyside Jesus Way meets every Wednesday and Fridays from 5:30- 6:15pm. All members that would like to attend are most welcome.
- 2025 SWM conference AYM Membership Fee Registration is as follows;

ADVENTURERS	PATHFINDERS	SENIOR YOUTH ABOVE 16YEARS
K1,400.00	K2,100.00	K2,800.00

- Announcements from Adventist Youth  
Monthly Contributions are as follows;  
Adventures -K500.00  
Pathfinders -K500.00  
Senior Youth(16 years above) -K1,000.00  
AY classes shall be held on Sundays.
- Both men and women, boys and girls are reminded to dress responsibly bearing in mind that as Children of the Most high come to God’s house to worship in truth and in spirit. Therefore, need to dress appropriately as befitting Christians waiting for the second coming of Jesus Christ.
- Members are being encouraged to come on time for the Church services and encouraged to attend afternoon programs. English service starts at 07:30am.
- **HEALTH DEPARTMENT**  
Health department invites all members to Sports activities every Sunday, from 05:00am, here at Church. This Sunday, everyone coming to the Sports should bring a Note pad and pen. Health department would like to monitor progress of all participants.
- **MUSIC DEPARTMENT**  
Sabbath Music Session : From 1:30pm to 2:00pm

*Special appeal to Parents to ensure that their wards attend afternoon programs and not be outside during afternoon worship.*

REMEMBER TITHE AND OFFERING  
PLEASE REMEMBER TO RETURN TITHE AND GIVE OFFERINGS  
USE THE ENVELOPES FOR YOUR PLANNED TITHE & OFFERINGS

# JOURNEY THROUGH THE BIBLE

Reading from 7<sup>th</sup> – 13<sup>th</sup> December, 2025

07/12/2025	- (Ruth 3)
08/12/2025	- (Ruth 4)
09/12/2025	- (1Samuel 1)
10/12/2025	- (1Samuel 2)
11/12/2025	- (1Samuel 3)
12/12/2025	- (1Samuel 4)
13/12/2025	- (1Samuel 5)

Weekly Spirit of Prophecy Reading; Patriarchs and Prophets  
Chap. 45 — The Fall of Jericho

## SABBATH PROGRAMS

ACTIVITY	TIME	
Teachers Lesson	6:45:am	7:20:am
Prayer Band	7:20:am	7:30:am
Song Service	7:30:am	7:50:am
English Service	7:50:am	8:50am
Song Service	8:50:am	9:00am
Sabbath School	9:00:am	9:30:am
Announcements & Offetory	9:30am	9:50am
Sabbath School Classes	9:50am	10:50am
Song Service	10:50am	11:00am
Chichewa Service	11:00am	12:00noon
Afternoon Program	2:00pm	4:00pm

**REMEMBER TITHE AND OFFERING**  
**PLEASE REMEMBER TO RETURN TITHE AND GIVE OFFERINGS**  
**USE THE ENVELOPES FOR YOUR PLANNED TITHE & OFFERINGS**

### DENTAL HYGIENE

## Common Types of Oral Conditions & Dental Diseases

### 1. Dental Plaque and Calculus

[Dental plaque](#) is a sticky, non-mineralized mass of bacteria that forms on a tooth's surface. It accumulates when substances containing refined carbohydrates (starches and sugars) are routinely left on the teeth.

Plaque builds up when you don't practice good oral hygiene and visit your dentist for routine cleanings. It can erode your enamel and cause tooth decay.

Once plaque hardens, it turns into tartar (calculus). Tartar can cause periodontal disease and can only be removed during a professional dental cleaning.

### 2. Cracked Tooth Syndrome

[Cracked tooth syndrome](#) results from bruxism, which occurs when excessive grinding or teeth clenching causes an internal crack in your tooth.

A tooth crack is usually challenging to see but can cause extreme pain when biting down at the right angle. A minor tooth crack typically isn't painful and may be harmless.

However, tooth cracks have the potential to grow and cause severe damage.<sup>5</sup> If you have a crack in one of your teeth, visit your dentist immediately. They can provide common treatments in indirect restorations, such as an [on lay](#) or crown.

### 3. Dental Anxiety

Going to the dentist can be nerve-wracking for many people. Up to 16 percent of adults experience [dental anxiety](#) or phobia while receiving dental treatment.<sup>6</sup>

### 4. Oral Thrush

[Oral thrush](#) (oral candidiasis) is a yeast infection resulting from an overgrowth of Candida fungus that lives in the mouth's mucous membranes.

The most common type of Candida fungus that causes thrush is Candida albicans. Thrush is difficult to notice, at least initially, because it doesn't cause severe pain. Over time, it becomes evident as a white spot on your tongue that can be wiped off to reveal a red base.

Oral thrush is common in people with dry mouths, weakened immune systems, and uncontrolled diabetes. Pregnant people and individuals with other infections may also be prone to it.

### 5. Oral Cancer

[Oral cancer](#) begins with the development of abnormal carcinoma cells. It results in the growth of mouth sores that do not disappear independently. These mouth sores, also called oral lesions, can appear in different areas of the oral cavity. The disease is life-threatening if it isn't diagnosed or treated early on.

**This chapter is based on Joshua 5:13-15; 6; 7.**

The Hebrews had entered Canaan, but they had not subdued it; and to human appearance the struggle to gain possession of the land must be long and difficult. It was inhabited by a powerful race, who stood ready to oppose the invasion of their territory. The various tribes were bound together by the fear of a common danger. Their horses and iron battle chariots, their knowledge of the country, and their training in war, would give them great advantage. Furthermore, the country was guarded by fortresses—“cities great and fenced up to heaven.” Deuteronomy 9:1. Only in the assurance of a strength not their own could the Israelites hope for success in the impending conflict.

One of the strongest fortresses in the land—the large and wealthy city of Jericho—lay just before them, but a little distance from their camp at Gilgal. On the border of a fertile plain abounding with the rich and varied productions of the tropics, its palaces and temples the abode of luxury and vice, this proud city, behind its massive battlements, offered defiance to the God of Israel. Jericho was one of the principal seats of idol worship, being especially devoted to Ashtaroth, the goddess of the moon. Here centered all that was vilest and most degrading in the religion of the Canaanites. The people of Israel, in whose minds were fresh the fearful results of their sin at Beth-peor, could look upon this heathen city only with disgust and horror.

To reduce Jericho was seen by Joshua to be the first step in the conquest of Canaan. But first of all he sought an assurance of divine guidance, and it was granted him. Withdrawing from the encampment to meditate and to pray that the God of Israel would go before His people, he beheld an armed warrior, of lofty stature and commanding presence, “with his sword drawn in his hand.” To Joshua’s challenge, “Art thou for us, or for

our adversaries?” the answer was given, “As Captain of the host of the Lord am I now come.” The same command given to Moses in Horeb, “Loose thy shoe from off thy foot; for the place whereon thou standest is holy,” revealed the true character of the mysterious stranger. It was Christ, the Exalted One, who stood before the leader of Israel. Awe-stricken, Joshua fell upon his face and worshiped, and heard the assurance, “I have given into thine hand Jericho, and the king thereof, and the mighty men of valor,” and he received instruction for the capture of the city.

In obedience to the divine command Joshua marshaled the armies of Israel. No assault was to be made. They were simply to make the circuit of the city, bearing the ark of God and blowing upon trumpets. First came the warriors, a body of chosen men, not now to conquer by their own skill and prowess, but by obedience to the directions given them from God. Seven priests with trumpets followed. Then the ark of God, surrounded by a halo of divine glory, was borne by priests clad in the dress denoting their sacred office. The army of Israel followed, each tribe under its standard. Such was the procession that compassed the doomed city. No sound was heard but the tread of that mighty host and the solemn peal of the trumpets, echoing among the hills and resounding through the streets of Jericho. The circuit completed, the army returned in silence to their tents, and the ark was restored to its place in the tabernacle.

With wonder and alarm the watchmen of the city marked every move, and reported to those in authority. They knew not the meaning of all this display; but when they beheld that mighty host marching around their city once each day, with the sacred ark and the attendant priests, the mystery of the scene struck terror to the hearts of priest and people. Again they would inspect their strong defenses, feeling certain they could successfully resist the most powerful attack. Many ridiculed the thought that any harm could come to them through these singular demonstrations. Others were awed as they beheld the procession that each day wound about the city. They remembered that the Red Sea had once parted before this people, and that a passage had just been opened for them through the river Jordan. They knew not what further wonders God might work for them.

For six days the host of Israel made the circuit of the city. The seventh day came, and with the first dawn of light, Joshua marshaled the armies of the Lord. Now they were directed to march seven times around Jericho, and at a mighty peal from the trumpets to shout with a loud voice, for God had given them the city.

The vast army marched solemnly around the devoted walls. All was silent, save the measured tread of many feet, and the occasional sound of the trumpet, breaking the stillness of the early morning. The massive walls of solid stone seemed to defy the siege of men. The watchers on the walls looked on with rising fear, as, the first circuit ended, there followed a second, then a third, a fourth, a fifth, a sixth. What could be the object of these mysterious movements? What mighty event was impending? They had not long to wait. As the seventh circuit was completed, the long procession paused, The trumpets, which for an interval had been silent, now broke forth in a blast that shook the very earth. The walls of solid stone, with their massive towers and battlements, tottered and heaved from their foundations, and with a crash fell in ruin to the earth. The inhabitants of Jericho were paralyzed with terror, and the hosts of Israel marched in and took possession of the city.

CHURCH LEADERSHIP

DEPARTMENT	ADVISOR	PHONE
1. Church Pastor	Ps. Dr. Katsekera	0991 684 986
2. First Elder		
Treasury & Clerk	Elder M Kampani	0886 592 737
3. Associate First Elder		
Dorcas/Health/Family Life	Elder R Bunyani	0999 871 055
4. Stewardship, Strategic		
Planning, Communication	Elder N Pendame	0999 273 825
5. Personal Min/Deaconry		
Finance & Proc	Elder A Chipungu	0888 857 696
6. Youth Min/PCM/Children’s Min	Elder Y Nseula	0999 974 888
7. Sabbath School	Elder G Phuza	0999 587 063
8. Public Affairs & Religious Liberty	Elder C Kaluwa	0888 122 655
9. Church Dev/Camp Meeting		
/Fundraising	Elder W Mpinganjira	0888 200 300
10. Possibilities Min/Int. Cord	Elder S Kamwendo	0888 141 714
11. Music & Education	Elder J Dzinga	0981 822 542
12. AMO/Publishing/VOP	Elder J Mataya	0999 950 613

DEPARTMENTAL LEADERS

DEPARTMENT	LEADER	PHONE
1. Head Deacon	Mr. T Kazembe	0999 954 045
2. Head Deaconess	Mrs. S. Mwandama	0881 025 122
3. Church Clerk	Dr. W Chikuni	0999 085 601
4. Church Treasurer	Mrs. C Phuza	0888 890 987
5. Church Dev.& Fundraising	Mr. C Kachiswe	0999 642 391
6. Finance & Procurement	Mrs. Chamba	0888 448 484
7. Personal Ministries	Prof. G Kululanga	0880 891 796
8. Dorcas	Mrs. M Nseula	0888 854 544
9. Adventist Men	Mr. J Mataya	0999 950 613
10. Family Ministries	Mr. & Mrs Chamba	0888 958 721
11. Health	Mrs B Moyo	0994 777 116
12. Interest Coordinator	Ms. L Limani	0884 712 516
13. Sabbath School Superintendent	Mr. M Bamusi	0999 292 240
14. Communications Leader	Mr. S Nkosi	0888 347 656
15. Stewardship	Mr. B Kankhuni	0999 927 108
16. Spirit Of Prophecy	Mr. Chilunga	0887 171 665
17. Religious Liberty	Mr. P Kalimbuka	0888 921 333
18. Music Director	Mr. S Matandika	0888 867 719
19. PCM	Mrs. P Katundu	0881 527 825
20. Children’s Min	Dr. Kululanga	0888 851 381
21. Young Adult	Mr Amon Chirwa	0991 459 973
22. Pathfinder	Mr. A M’dala	0997 216 715
23. Adventurer	Mrs Supuni	0881 270 192
24. Camp Meeting	Mr. G Phuza	0999 587 063

CHURCH BANK DETAILS

**FDH BANK, UMOYO BRANCH, BLANTYRE**  
**(Main) Account Number – 1850000061481**  
**(Building) Account Number – 1850000061497**  
**Email address : treasure.sunnysidesda@gmail.com**

**church clerk email: [clerk@sunnysidesdamw.com](mailto:clerk@sunnysidesdamw.com)**  
**[sunnysidesdachurchmw.@gmail.com](mailto:sunnysidesdachurchmw.@gmail.com)**