



# SEVENTH-DAY ADVENTIST CHURCH SUNNYSIDE

SABBATH WORSHIP

31<sup>st</sup> May 2025



Bulletin For 31st May 2025



P.O. Box 31560 Chichiri, Blantyre 3, Malawi Africa  
Email: [sunnysidesdachurchmw@gmail.com](mailto:sunnysidesdachurchmw@gmail.com)



# WORSHIP SERVICE THIS SABBATH

## SABBATH -31<sup>st</sup> May 2025

ENGLISH SERVICE 07:50 - 08:50	
Bible reading	Mr Fumni Chikuni
Children Sermonette	Mrs Takondwa Chikuni
Preacher	Pastor Dr T W Katsekera
Sign Language Interpreter	Eliza Chapaladza
Singing Groups	Thom Family, Faith for today, Chiyembekezo Qt.
Chorister	Mr C Vomela
Pianist	Mr L Mahatchi
First Prayer & Call to worship	
Second Prayer	
SABBATH SCHOOL 09:00 - 09:30	
Song Service & Sabbath School	<b>Chiyembekezo QT, Thom Family, Faith of today</b>
Sabbath School Lesson	All Group Discussion Leaders
ANNOUNCEMENTS AND OFFERTORY 09:30 -09:50	
Elder G Phuza	TBA
CHICHEWA SERVICE 11:00 - 12:00	
Wowelenga Baibulo	Mr Joel Mthiya
Ulaliki wa Ana	Miss Effie Masiyano
Mlaliki	Pastor Dr T W Katsekera
Chilankhulo cha Manja	Eliza Chapaladza
Gulu Loimba	<b>Thom Family, Faith for today, Chiyembekezo Qt</b>
Woimbitsa Nyimbo	Mr C Vomela
Woimba Limba	Mr L Mahatchi
Pemphero Loyamba	
Pemphero Lotsiliza	

### AFTERNOON PROGRAM : MUSICAL PROGRAM

ELDER ON DUTY
Elder G Chiuzeni & Elder G Phuza
DEACONS / DEACONESSES ON DUTY

#### English Service

Mr. Meke (Team Leader)  
Mrs. D. Ndazipere  
Mr. Richard Kachulu  
Vitumbiko Jere  
Mr. Chrispine Mti  
Mrs. Mwipi Chibwana  
Mr. Lameck Thembachako  
Mrs. Makwakwa

#### Chichewa Service

Mrs. Chumachao (Team Leader)  
Mrs. Chamba  
Mr. Kachiswe  
Mr. Chonzi  
Mr. B. Supuni  
Catherine Malimuse  
Mrs. M. Kavinya  
Mr. S. Matiti

# WORSHIP SERVICE NEXT SABBATH

## SABBATH -7<sup>th</sup> JUNE 2025

ENGLISH SERVICE 07:50 - 08:50	
Bible reading	Pax Chirombo
Children Sermonette	Abel M'dala
Preacher	Evangelist Ronald Nyoni
Sign Language Interpreter	Justine Makuluni
Singing Groups	Sunnyside Heritage
Chorister	Hannah Golozero
Pianist	Mphatso Luwani
First Prayer & Call to worship	
Second Prayer	
SABBATH SCHOOL 09:00 - 09:30	
Song Service & Sabbath School	
Sabbath School Lesson	All Group Discussion Leaders
ANNOUNCEMENTS AND OFFERTORY 09:30 -09:50	
Elder G Phuza	TBA
CHICHEWA SERVICE 11:00 - 12:00	
Wowelenga Baibulo	Maranatha Mahowa
Ulaliki wa Ana	Blessings Gwembere
Mlaliki	Evangelist Ronald Nyoni
Chilankhulo cha Manja	Justice Makuluni
Gulu Loimba	Sunnyside Heritage
Woimbitsa Nyimbo	Hanna Golozero
Woimba Limba	Mphatso Luwani
Pemphero Loyamba	
Pemphero Lotsiliza	

AFTERNOON PROGRAM :

ELDER ON DUTY

Elder G Phuza & ELDER W Mpinganjira

DEACONS / DEACONESSES ON DUTY

English Service

Khumbo Chimungu (Team Leader)  
Bester Ndazipere  
Mr. S. Mahowa  
Austine Mlombwa  
Happy Philip  
Mr. Rhoda Jeremiah  
Mrs. Madalo Mbewe  
Kapito

Chichewa Service

Mr. O. Sinumbe (Team Leader)  
Mrs. B. Pendame  
Mrs. B. Matandika  
Jean Mwandama  
Mrs. P. Katundu  
Precious Zimbiri  
Mrs. F. Bunyani  
Mr. A. Chumachao

## LESSON 8 *May 25 – 31*

### In The Psalms: Part 2.



SABBATH AFTERNOON

***Read for This Week's Study:*** [Psalm 46; Jer. 4:23-26; Ps. 47:1-4; 1 Thess. 4:13-17; Psalm 75; Rev. 14:6-12](#)

***Memory Text:*** “Let the peoples praise You, O God; let all the peoples praise You. Oh, let the nations be glad and sing for joy! For You shall judge the people righteously, and govern the nations on earth. Selah” ([Psalm 67:3-4](#), NKJV).

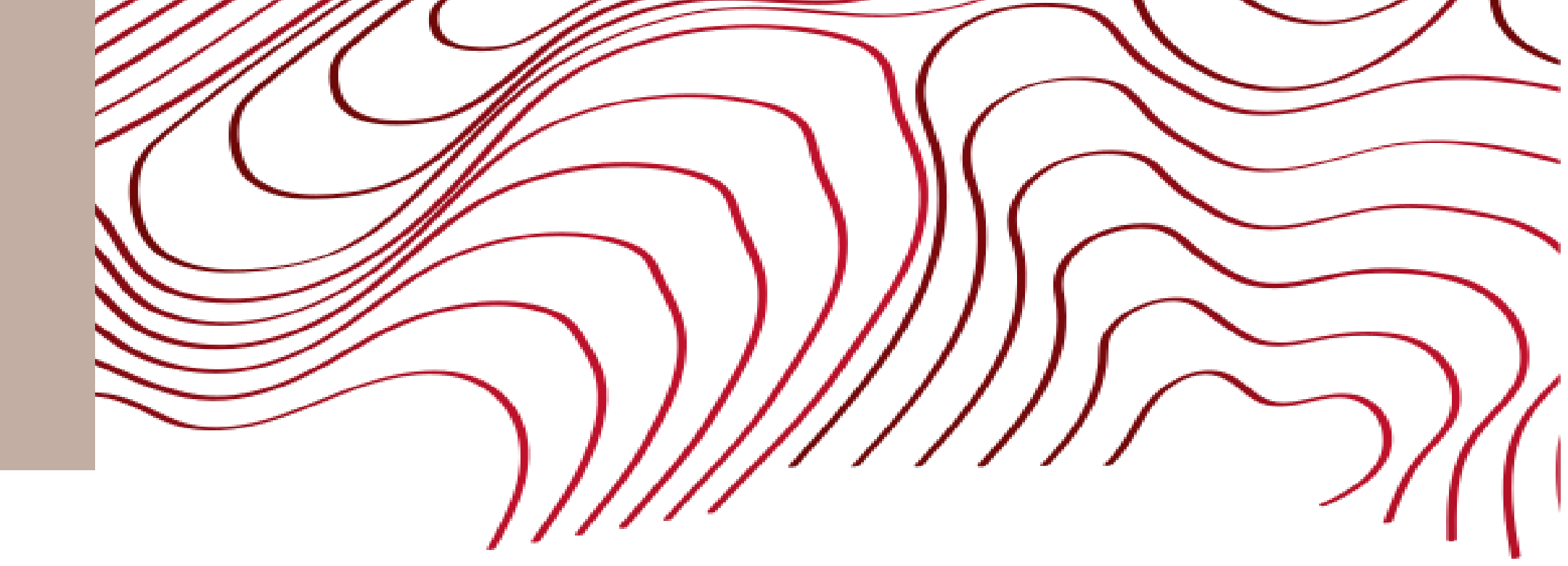
When thinking of final events, we tend to focus on the beasts and the powers of Revelation. And, of course, they have a big role, an important one, too. Otherwise, God would not have put them in the Bible for us to understand them (see [Rev. 1:3](#)).

Prophecy, however, also deals with key issues associated with sin and suffering, judgment, the battle between good and evil, the nature of justice and injustice, persecution, and more.

The Psalms also deal with these issues in great depth, exploring nearly every possible human emotion—from dark despondency to unbridled joy. We see Israel preparing for battle against the forces of darkness. We read about individuals wrestling with the question of why doesn't God address evil more directly and immediately, a question that no doubt we all have asked. We are directed to the sanctuary for answers, and there are also repeated appeals to God's status as Creator. Are these not issues and questions that we, in our context today, wrestle with, as well?

Of course—which is why we will continue unpacking Psalms in order to learn more about these crucial truths.

*Study this week's lesson to prepare for Sabbath, May 31.*



## Upcoming Events – JUNE 2025

- ❑ June 7: *Reach the World:* Bible Study: Sabbath School and Correspondence Courses
- ❑ June 14: Women’s Ministries Emphasis Day
- ❑ June 21: *Reach the World:* Nurturing Other Members and Reclaiming.
- ❑ June 21: Adventist Church World Refugee Day.
- ❑ June 28: World Public Campus Ministries Day.

## Details of Events.

May 17: Global Adventurer’s Day

May 24: World Day of Prayer for Children at Risk

May 31: Musical Sabbath  
Invited Groups:

Thom Family  
Faith for today  
Chiyembekezo Quartate



# Announcements

- We warmly welcome our visitors and regular Church members. Let us all observe reverence in Church.
- All Departmental Leaders that have not submitted their first quarter performance reports are being notified that today is the last day of submission through their Elder.
- Today is a Musical Sabbath, Invited groups include Thom Family, Faith for Today, and Chiyembekezo Quartet from Chikwawa. The program will end at 4:30 this afternoon, the whole Church is invited.
- The Pastor Dr. T Katsekera will conduct a crusade from 14<sup>th</sup> to 29<sup>th</sup> June 2025, at Bangula Trading Centre, Nsanje. The theme is **Bangula for Christ**. All members are requested to pray for the success of the crusade.
- The SWMC Adventist Youth Department is organizing a Music Seminar scheduled to start from 11<sup>th</sup> to 13<sup>th</sup> July 2025. The purpose is to equip all Music Directors from all zones and Districts. The venue and other details to be advised later.
- All Departmental leaders are being reminded about informing the Board of Elders through their Sponsor/Elder of any activities planned to take place within and outside the Church for consideration and approval.
- The Church Board approved revised Sabbath worship order of Service with effect from 17<sup>th</sup> May 2025. Major change include Announcements and Offertory shall be from 9:30AM to 9:50 AM. The new order of service is appended below.
- 2025 Camp Meeting shall take place from 2<sup>nd</sup> to 6<sup>th</sup> September 2025, from 08:00am to 07:00PM.
- AY Classes started on 15<sup>th</sup> February 2025. All parents are requested to encourage their wards to take part.

## INVITED SINGING GROUPS FOR THE MUSIC SABBATH

Thom Family



Chiyembekezo Quartet



Faith for Today



# Announcements

- Members are being encouraged to notify Head Deacon, Mr. T Kazembe of any sickness or bereavement, for members to pray and be available for the concerned families.
- The Church would like to appeal to members who have been worshiping with us for more than six months, or will be worshiping with us for long, to contact the Church Clerk, to have their names transferred to Sunnyside Church.
- Sunnyside Jesus Way meets every Wednesday and Fridays from 5:30- 6:15pm. All members that would like to attend are most welcome.
- 2025 SWM conference AYM Membership Fee Registration will be as follows;

ADVENTURERS	PATHFINDERS	SENIOR YOUTH ABOVE 16YEARS
K1,400.00	K2,100.00	K2,800.00

- Announcements from Adventist Youth  
Monthly Contributions are as follows;  
Adventures -K500.00  
Pathfinders -K500.00  
Senior Youth(16 years above) -K1,000.00  
AY classes shall be held on Sundays.
- Both men and women, boys and girls are reminded to dress responsibly bearing in mind that as Children of the Most high come to God’s house to worship in truth and in spirit. Therefore, need to dress appropriately as befitting Christians waiting for the second coming of Jesus Christ.
- Members are being encouraged to come on time for the Church services and encouraged to attend afternoon programs. English service starts at 07:30am.
- **HEALTH DEPARTMENT**  
Health department invites all members to Sports activities every Sunday, from 05:00am, here at Church. This Sunday, everyone coming to the Sports should bring a Note pad and pen. Health department would like to monitor progress of all participants.
- **MUSIC DEPARTMENT**  
Sabbath Music Session : From 1:30pm to 2:00pm

***Special appeal to Parents to ensure that their wards attend afternoon programs and not be outside during afternoon worship.***

**REMEMBER TITHE AND OFFERING**  
**PLEASE REMEMBER TO RETURN TITHE AND GIVE OFFERINGS**  
**USE THE ENVELOPES FOR YOUR PLANNED TITHE & OFFERINGS**

# JOURNEY THROUGH THE BIBLE

Reading from 1<sup>st</sup> June – 7<sup>th</sup> June, 2025

01/06/2025	- (Genesis 46)
02/06/2025	- (Genesis 47)
03/06/2025	- (Genesis 48)
04/06/2025	- (Genesis 49)
05/06/2025	- (Exodus 1)
06/06/2025	- (Exodus 2)
07/06/2025	- (Exodus 3)

Weekly Spirit of Prophecy Reading; Patriarchs and Prophets  
Chap. 7 : The Flood.

## SABBATH PROGRAMS

ACTIVITY	TIME	
Teachers Lesson	6:45:am	7:20:am
Prayer Band	7:20:am	7:30:am
Song Service	7:30:am	7:50:am
English Service	7:50:am	8:50am
Song Service	8:50:am	9:00am
Sabbath School	9:00:am	9:30:am
Announcements & Offetory	9:30am	9:50am
Sabbath School Classes	9:50am	10:50am
Song Service	10:50am	11:00am
Chichewa Service	11:00am	12:00noon
Afternoon Program	2:00pm	4:00pm

**REMEMBER TITHE AND OFFERING**  
**PLEASE REMEMBER TO RETURN TITHE AND GIVE OFFERINGS**  
**USE THE ENVELOPES FOR YOUR PLANNED TITHE & OFFERINGS**





REVISED SABBATH WORSHIP  
ORDER OF SERVICE

Effective Date: 17th May 2025

TIME	DURATION	ACTIVITY	DETAILS
07:30 – 07:50	20 min	Song Service	<ul style="list-style-type: none"><li>• Congregational singing</li><li>• Choir/Special Group</li></ul>
07:50 – 08:50	1 hr	English Service	<ul style="list-style-type: none"><li>• Start of Pulpit activities at 07:50</li><li>• No offerings during the service</li></ul>
08:50 – 09:00	10 min	Song Service	<ul style="list-style-type: none"><li>• Congregational singing</li></ul>
09:00 – 09:30	30 min	Sabbath School	<ul style="list-style-type: none"><li>• Sabbath School team to take their positions by 09:00</li></ul>
09:30 – 09:50	20min	<ul style="list-style-type: none"><li>• Announcements</li><li>• Offerings</li><li>• Music during offerings</li></ul>	<ul style="list-style-type: none"><li>• Elder on Duty, Offertory Reader &amp; Deacon to come from Vestry to the Pulpit stage</li><li>• One combined offering coming immediately after announcements</li></ul>
09:50 – 10:00	10 min	Class Formation / Music	<ul style="list-style-type: none"><li>• Break out to classes while music by singing group</li></ul>
10:00 – 10:50	50 min	Sabbath School Classes	<ul style="list-style-type: none"><li>• Fixed end of class time 10:50</li></ul>
10:50 – 11:00	10 min	Song Service	<ul style="list-style-type: none"><li>• Chorister/Instrumentalists to break classes with music at 10:50</li><li>• Congregational singing</li></ul>
11:00 – 12:00	1hr	Chichewa Service	<ul style="list-style-type: none"><li>• Start of Pulpit activities at 11:00</li><li>• No offerings during the service</li></ul>



**MSONKHANO WA**  
**CHITSITSIMUTSO**  
*Bangula akhale wa Yesu*

MLALIKI  
Pastor Dr. T. Katsekera

15 TO 28 JUNE 2025 // 5:30 - 7:30pm



AIRFIELD GROUND  
BANGULA TRADING CENTRE

*Nonse muli olandiridwa*





# WEEKLY HEALTH READING

## *Sabbath Health Reading- May, 31*

### *Medications*



The ease with which medications can be got in many countries has caused their use to increase. This holds even more true among the elderly who, complaining of various types of pain and fear, visit the doctor in search of medicine or who try them on their own.

With this comes an increase in complications and incompatibilities. For example, side effects are accentuated and risks increase; or some medications lose their effectiveness while the effects of others increase. And in the presence of certain pre-existing conditions, certain harmless medicines can aggravate the illness. An example is found in a few drops of nasal decongestant which can raise the blood pressure in a person who already suffers high blood pressure.

Medicines in Elderly People body.

An elderly person experiences physiological changes that affect the way in which medicines are absorbed. For example, changes in the digestive system cause the time needed to absorb the active ingredients into the blood to vary. Changes in weight cause differences in needed does not influences in the time that medicine remains in the body. A slower circulatory system affects the time that medicines take to reach the liver or the kidneys; and these for their part, take longer to decompose and eliminate the medicine's waste products.

- Read the instructions and collect the information that you can. The more you know the easier it will be to communicate with the doctor.
- Use some method to organize your doses, place the tablets in the proper order, the pill boxes that are labelled "morning" "afternoon" and "night," and that give the days of the week.
- Follow the Prescribe treatment and , although you feel better, not stop the treatment without consulting your doctor.
- Do not self-medicate. Pharmacology is not a simple matter and self-medicating can lead to unpleasant surprises.
- Prepare a simple, clear list of the medicines that you have taken with notes, This will be a good source of information for your doctor when he prescribes new medicine (*Enjoy Life p, 100*).



CHURCH LEADERSHIP

DEPARTMENT	ADVISOR	PHONE
1. Church Pastor	Ps. Dr. Katsekera	0991 684 986
2. First Elder		
Treasury & Clerk	Elder M Kampani	0886 592 737
3. Associate First Elder		
Dorcas/Health/Family Life	Elder R Bunyani	0999 871 055
4. Stewardship, Strategic		
Planning & Communication	Elder N Pendame	0999 273 825
5. Personal Min/Deaconry		
Finance & Proc	Elder A Chipungu	0888 857 696
6. Youth Min/PCM/Children’s Min	Elder Y Nseula	0999 974 888
7. Sabbath School	Elder G Phuza	0999 587 063
8. Public Affairs & Religious Liberty	Elder C Kaluwa	0888 122 655
9. Church Dev/Camp Meeting		
/Fundraising	Elder W Mpinganjira	0888 200 300
10. Possibilities Min/Int. Cord	Elder S Kamwendo	0888 141 714
11. Music & Education	Elder J Dzinga	0981 822 542
12. AMO/Publishing/VOP	Elder R Chiuzeni	0999 353 037

DEPARTMENTAL LEADERS

DEPARTMENT	LEADER	PHONE
1. Head Deacon	Mr. T Kazembe	0999 954 045
2. Head Deaconess	Mrs S. Mwandama	0881 025 122
3. Church Clerk	Dr. W Chikuni	0999 085 601
4. Church Treasurer	Mr. C Phuza	0888 890 987
5. Church Dev.& Fundraising	Mr. Mackson	0996 867 190
6. Finance & Procurement	Mrs. Chamba	0888 448 484
7. Personal Ministries	Prof. G Kululanga	0880 891 796
8. Dorcas	Mrs. M Nseula	0888 854 544
9. Adventist Men	Mr. J Mataya	0999 950 613
10. Family Ministries	Mr. & Mrs Chamba	0888 958 721
11. Health	Mrs B Moyo	0994 777 116
12. Interest Coordinator	Ms. L Limani	0884 712 516
13. Sabbath School Superintendent	Mr. M Bamusi	0999 292 240
14. Communications Leader	Mr. S Nkosi	0888 347 656
15. Stewardship	Mr. B Kankhuni	0999 927 108
16. Spirit Of Prophecy	Mr. Chilunga	0887 171 665
17. Religious Liberty	Mr. P Kalimbuka	0888 921 333
18. Music Director	Mr. S Matandika	0888 867 719
19. PCM	Mrs. P Katundu	0881 527 825
20. Children’s Min	Dr. Kululanga	0888 851 381
21. Young Adult	Mrs.G Banda	0888 337 287
22. Pathfinder	Mr. A M’dala	0997 216 715
23. Adventurer	Mrs Supuni	0881 270 192
24. Camp Meeting	Mr. G Phuza	0999587 063

CHURCH BANK DETAILS

FDH BANK, UMOYO BRANCH, BLANTYRE  
(Main) Account Number – 1850000061481  
(Building) Account Number – 1850000061497  
Email address : treasure.sunnysidesda@gmail.com

church clerk email: [clerk@sunnysidesdamw.com](mailto:clerk@sunnysidesdamw.com)  
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