



# SEVENTH-DAY ADVENTIST CHURCH SUNNYSIDE

SABBATH WORSHIP  
WORLD ADVENTURER DAY

17<sup>th</sup> May 2025



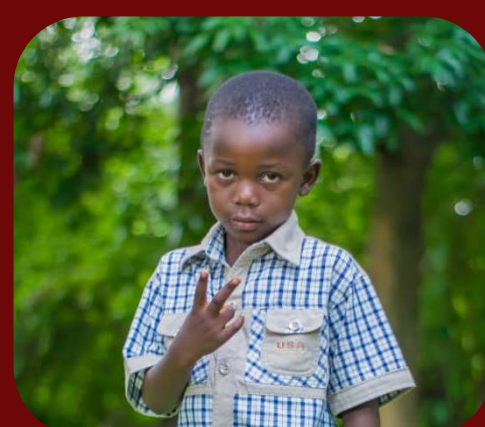
World Adventurer Day 2025  
*"Travel with Faith"*



ENGLISH SERVICE PREACHER  
TRACY CHIRWA



CHICHEWA SERVICE PREACHER  
DAN KALUWA



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# WORSHIP SERVICE THIS SABBATH

SABBATH -17<sup>th</sup> May 2025

ENGLISH SERVICE 07:50 - 08:50	
Bible reading	Tracy Katsekera
Children Sermonette	Miss Ethel Khumalo
Preacher	Tracy Chirwa
Sign Language Interpreter	Justice Makuluni
Singing Group	Children Ministries Choir
Chorister	Mr M Bamusi
Pianist	Mr L Mahachi
First Prayer & Call to worship	Zimatha Phalira / Nthanda Nyirenda
Second Prayer & offertory	Flezer Mwale

SABBATH SCHOOL 09:00 - 09:30	
Song Service & Sabbath School	Sunnyside Adventurer Club
Sabbath School Lesson	All SS Teachers (Chichewa & English)

CHICHEWA SERVICE 11:00 - 12:00	
Wowelenga Baibulo	Mr Thokozani Kamwendo
Ulaliki wa Ana	Mrs A Chumachawo
Mlaliki	Mr Dan Kaluwa
Sign Language Interpreter	Justice Makuluni
Gulu Loimba	Childrens Ministries Choir
Woimbitsa Nyimbo	Mr M Bamusi
Woimba Limba	Mr L Mahachi
Pemphero Loyamba	Mr Novahiwa Phaiya
Pemphero Lotsiliza	Miss Kamille Moyo

AFTERNOON PROGRAM : World Adventurer Day program

ELDER ON DUTY

Elder S Kamwendo & Elder Y Nseula

DEACONS / DEACONESSES ON DUTY

English Service

Mr. S. Mahowa (Team Leader)

Mr. O. Sinumbe

Precious Zimbiri

Austin Mlombwa

Mrs. Madalo Mbewe

Mrs. B. Matandika

Mrs. B. Pendame

Mrs. P. Katundu

Chichewa Service

Mrs. F. Bunyani (Team Leader)

Bester Ndazipere

Mr. A. Chumachao

Happy Philip

Mrs Rhoda Jeremiah

Jean Mwandama

Frank Kapito

Maurine Zeka

# WORSHIP SERVICE NEXT SABBATH

## SABBATH -24<sup>th</sup> May 2025

ENGLISH SERVICE 07:50 - 08:50	
Bible reading	Praise Zimbiri
Children Sermonette	Mr Joseph Whayo
Preacher	Mr Ian Nkoka
Singing Group	One Purpose
Chorister	Mr C Vomela
Pianist	Mr L Mahachi
First Prayer & Call to worship	TBA
Second Prayer & offertory	TBA

SABBATH SCHOOL 09:00 – 09:30	
Song Service & Sabbath School	One Purpose
Sabbath School Lesson	All SS Teachers (Chichewa & English)

CHICHEWA SERVICE 11:00 - 12:00	
Wowelenga Baibulo	Rebecca Zeka
Ulaliki wa Ana	Miss Martha Thebuka
Mlaliki	Elder B Kankhuni
Gulu Loimba	One Purpose
Woimbitsa Nyimbo	Mr C Vomela
Woimba Limba	Mr L Mahachi
Pemphero Loyamba	TBA
Pemphero Lotsiliza	TBA

AFTERNOON PROGRAM :

ELDER ON DUTY

Elder Y Nseula & Elder R Chiuzeni

DEACONS / DEACONESSES ON DUTY

<u>English Service</u>	<u>Chichewa Service</u>
Mr. Meke (Team Leader)	Mrs. Chumachao (Team Leader)
Mrs. D. Ndazipere	Mrs. Chamba
Mr. Richard Kachulu	Mr. Kachiswe
Vitumbiko Jere	Mr. Chonzi
Mr. Chrispine Mtike	Mr. B. Supuni
Mrs. Mwipi Chibwana	Catherine Malimuse
Mr. Lameck Thembachako	Mrs. M. Kavinya
Mrs. Makwakwa	Mr. S. Matiti

## LESSON 7 *May 11 – 17*

### Foundations for Prophecy



#### SABBATH AFTERNOON

***Read for This Week's Study:*** [Isa. 6:6-8; Gen. 3:21-24; Ezek. 1:4-14; Rev. 4:1-11; Num. 2:3-25; Isa. 14:12-14](#)

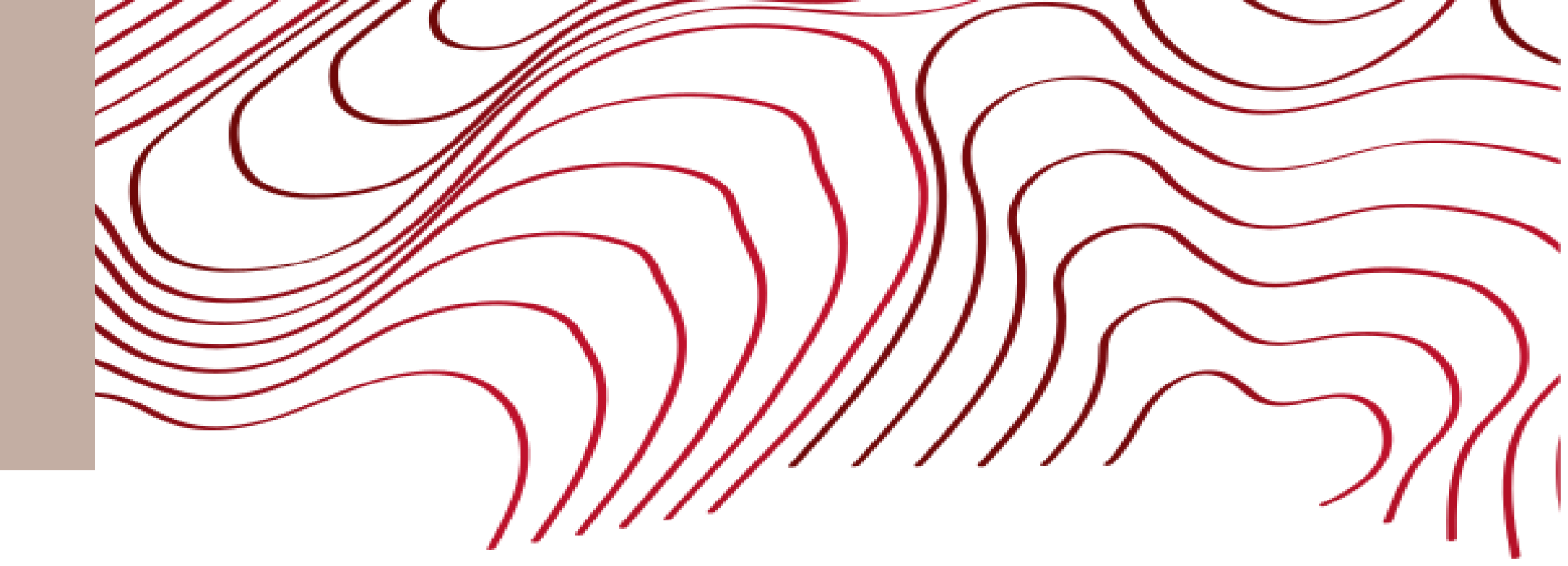
***Memory Text:*** “Also I heard the voice of the Lord, saying: ‘Whom shall I send, and who will go for Us?’ Then I said, ‘Here am I! Send me’ ” ([Isaiah 6:8](#), NKJV).

God’s right to rule the universe is founded upon His position as the Creator of all things ([Rev. 4:11](#)) and also upon His character. It is in discovering God’s righteous character that we begin to understand how and why sinful human beings fall short of the glory of God ([Rom. 3:23](#)).

This week, we move further into the vision of the throne room and consider how the human race relates to a holy God and how the sacrifice of Christ restores us and brings us close to the throne. God plans to restore us, not just as individuals but also as a race, so that we once again reveal His glory to the rest of Creation. By searching through the rest of the Bible, we can find important clues that help us understand and begin to appreciate the high calling that God has extended to us, a race of forgiven and redeemed sinners.

Human rebellion, ultimately and forever, will be ended. And, more than that, God’s loving character, His self-denying and self-sacrificing character, will shine even brighter than it did in His original design for humanity. Though God never intended for humanity to fall, through the cross, God’s loving character has been put on display in a remarkable way.

*Study this week’s lesson to prepare for Sabbath, May 17*



## Upcoming Events – JUNE 2025

- ❑ June 7: *Reach the World:* Bible Study: Sabbath School and Correspondence Courses
- ❑ June 14: Women’s Ministries Emphasis Day
- ❑ June 21: *Reach the World:* Nurturing Other Members and Reclaiming.
- ❑ June 21: Adventist Church World Refugee Day.
- ❑ June 28: World Public Campus Ministries Day.

## Details of Events.

May 17: Global Adventurer’s Day  
.  
May 24: World Day of Prayer for Children at Risk

# Announcements

- We warmly welcome our visitors and regular Church members. Let us all observe reverence in Church.
- We shall have Music Sabbath on 31<sup>st</sup> May 2025. Invited groups include Thom Family, Faith for Today, and Chiyembekezo Quartet from Chikwawa. On 30<sup>th</sup> May we shall have Music Vespers from 5:30pm. All members are invited.
- All Departmental Leaders that have not submitted their first quarter performance reports are being encouraged to submit through their Elder by 31st May 2025.
- Blantyre Prayer Band members are being invited to prayer session to be hosted by Sunnyside SDA Church on Sunday 18<sup>th</sup> May 2025 from 08:00AM to 04:00PM. The Theme is “The Power of Forgiveness”.
- The SWMC Adventist Youth Department is organizing a Music Seminar scheduled to start from 11<sup>th</sup> to 13<sup>th</sup> July 2025. The purpose is to equip all Music Directors from all zones and Districts. The venue and other details to be advised later.
- All Departmental leaders are being reminded about informing the Board of Elders through their Sponsor/Elder of any activities planned to take place within and outside the Church for consideration and approval.
- The Church Board approved revised Sabbath worship order of Service with effect from 17<sup>th</sup> May 2025. Major change include Announcements and Offertory shall be from 9:30AM to 9:50 AM. The new order of service is on page
- 2025 Camp Meeting shall take place from 2<sup>nd</sup> to 6<sup>th</sup> September 2025, from 08:00am to 07:00PM.
- AY Classes started on 15<sup>th</sup> February 2025. All parents are requested to encourage their wards to take part.

## WEDDDING ANNOUNCEMENTS

- Harry Dalo the Bride groom from Mwamadi Village T/A Mthiramanja a member of Mlambe SDA Church, Intends to be wedded to Miss Caroline Makondi the Bride from Kwanjana Village T/A Bvumbwe Thyolo a member of Sunnyside SDA Church. The wedding shall be officiated on 25<sup>th</sup> May 2025 by Pastor T W Katsekera from 08:00am.  
**This is the third announcement.**

## TRANSFERS:



# Announcements

- Members are being encouraged to notify Head Deacon, Mr. T Kazembe of any sickness or bereavement, for members to pray and be available for the concerned families.
- The Church would like to appeal to members who have been worshiping with us for more than six months, or will be worshiping with us for long, to contact the Church Clerk, to have their names transferred to Sunnyside Church.
- Sunnyside Jesus Way meets every Wednesday and Fridays from 5:30- 6:15pm. All members that would like to attend are most welcome.
- 2025 SWM conference AYM Membership Fee Registration will be as follows;

ADVENTURERS	PATHFINDERS	SENIOR YOUTH ABOVE 16YEARS
K1,400.00	K2,100.00	K2,800.00

- Announcements from Adventist Youth  
Monthly Contributions are as follows;  
Adventures -K500.00  
Pathfinders -K500.00  
Senior Youth(16 years above) -K1,000.00  
AY classes shall be held on Sundays.
- Both men and women, boys and girls are reminded to dress responsibly bearing in mind that as Children of the Most high come to God’s house to worship in truth and in spirit. Therefore, need to dress appropriately as befitting Christians waiting for the second coming of Jesus Christ.
- Members are being encouraged to come on time for the Church services and encouraged to attend afternoon programs. English service starts at 07:30am.
- **HEALTH DEPARTMENT**  
Health department invites all members to Sports activities every Sunday, from 05:00am, here at Church. This Sunday, everyone coming to the Sports should bring a Note pad and pen. Health department would like to monitor progress of all participants.
- **MUSIC DEPARTMENT**  
Sabbath Music Session : From 1:30pm to 2:00pm

***Special appeal to Parents to ensure that their wards attend afternoon programs and not be outside during afternoon worship.***

**REMEMBER TITHE AND OFFERING**  
**PLEASE REMEMBER TO RETURN TITHE AND GIVE OFFERINGS**  
**USE THE ENVELOPES FOR YOUR PLANNED TITHE & OFFERINGS**

# JOURNEY THROUGH THE BIBLE

Reading from 18<sup>th</sup> May - 24<sup>th</sup> May, 2025

18/05/2025 - (Genesis 32)  
19/05/2025 - (Genesis 33)  
20/05/2025 - (Genesis 34)  
21/05/2025 - (Genesis 35)  
22/05/2025 - (Genesis 36)  
23/05/2025 - (Genesis 37)  
24/05/2025 - (Genesis 38)

Weekly Spirit of Prophecy Reading; Patriarchs and Prophets  
Chap. 3 & 4 : The Temptation and Fall.

## SABBATH PROGRAMS

ACTIVITY	TIME	
Teachers Lesson	6:45:am	7:20:am
Prayer Band	7:20:am	7:30:am
Song Service	7:30:am	7:50:am
English Service	7:50:am	8:50am
Song Service	8:50:am	9:00am
Sabbath School	9:00:am	9:30:am
Announcements & Offetory	9:30am	9:50am
Sabbath School Classes	9:50am	10:50am
Song Service	10:50am	11:00am
Chichewa Service	11:00am	12:00noon
Afternoon Program	2:00pm	4:00pm

**REMEMBER TITHE AND OFFERING**  
**PLEASE REMEMBER TO RETURN TITHE AND GIVE OFFERINGS**  
**USE THE ENVELOPES FOR YOUR PLANNED TITHE & OFFERINGS**





REVISED SABBATH WORSHIP  
ORDER OF SERVICE

Effective Date: 17th May 2025

TIME	DURATION	ACTIVITY	DETAILS
07:30 – 07:50	20 min	Song Service	<ul style="list-style-type: none"><li>• Congregational singing</li><li>• Choir/Special Group</li></ul>
07:50 – 08:50	1 hr	English Service	<ul style="list-style-type: none"><li>• Start of Pulpit activities at 07:50</li><li>• No offerings during the service</li></ul>
08:50 – 09:00	10 min	Song Service	<ul style="list-style-type: none"><li>• Congregational singing</li></ul>
09:00 – 09:30	30 min	Sabbath School	<ul style="list-style-type: none"><li>• Sabbath School team to take their positions by 09:00</li></ul>
09:30 – 09:50	20min	<ul style="list-style-type: none"><li>• Announcements</li><li>• Offerings</li><li>• Music during offerings</li></ul>	<ul style="list-style-type: none"><li>• Elder on Duty, Offertory Reader &amp; Deacon to come from Vestry to the Pulpit stage</li><li>• One combined offering coming immediately after announcements</li></ul>
09:50 – 10:00	10 min	Class Formation / Music	<ul style="list-style-type: none"><li>• Break out to classes while music by singing group</li></ul>
10:00 – 10:50	50 min	Sabbath School Classes	<ul style="list-style-type: none"><li>• Fixed end of class time 10:50</li></ul>
10:50 – 11:00	10 min	Song Service	<ul style="list-style-type: none"><li>• Chorister/Instrumentalists to break classes with music at 10:50</li><li>• Congregational singing</li></ul>
11:00 – 12:00	1hr	Chichewa Service	<ul style="list-style-type: none"><li>• Start of Pulpit activities at 11:00</li><li>• No offerings during the service</li></ul>

# WEEKLY HEALTH READING

*Sabbath Health Reading- May, 17*

## *Morphine*



The principles of taking morphine are important and it is a good idea to understand how and why morphine is prescribed in a certain way. To start off with, it is usual to be given a quick-acting strong opioid (morphine tablets or liquid) as well as a slow-release morphine tablet or capsule. The slow-release preparation is usually taken once or twice a day, depending on the brand. Slow-release preparations give a steady level of medicine in the body throughout the day.

However, pain may be experienced before the next dose of slow-release morphine is due, this is called breakthrough pain quick-acting morphine is used to ease breakthrough pain. It can be taken every four hours (or even more frequently in end-of-life care), when needed. The slow-release morphine is started at a very low dose and increase over a number of weeks until the symptoms have eased.

It is important to document how much quick-acting morphine is being used each day. This information can then be used to increase the dose of the slow-release morphine to keep people pain-free. As with all medicines, opioids have a number of side-effects. In general, the stronger the opioid, the more likely the side-effects are most common side-effects are constipation, feeling sick (nausea) and drowsiness.

- Constipation when starting treatment with an opioid, a laxative will also usually be prescribed. Laxatives help to ease and prevent constipation by softening the pass, or (stools), making it easier to pass or they stimulate the bowel to push the stools along more quickly.

- Nausea- feeling sick is a common side-effect when first starting an opioid. This usually passes after a week or so, once the body gets used to this medication ([Healthdirect.gov.au](https://www.healthdirect.gov.au)).



CHURCH LEADERSHIP

DEPARTMENT	ADVISOR	PHONE
1. Church Pastor	Ps. Dr. Katsekera	0991 684 986
2. First Elder Treasury & Clerk	Elder M Kampani	0886 592 737
3. Associate First Elder Dorcas/Health/Family Life	Elder R Bunyani	0999 871 055
4. Stewardship, Strategic Planning & Communication	Elder N Pendame	0999 273 825
5. Personal Min/Deaconry Finance & Proc	Elder A Chipungu	0888 857 696
6. Youth Min/PCM/Children’s Min	Elder Y Nseula	0999 974 888
7. Sabbath School	Elder G Phuza	0999 587 063
8. Public Affairs & Religious Liberty	Elder C Kaluwa	0888 122 655
9. Church Dev/Camp Meeting /Fundraising	Elder W Mpinganjira	0888 200 300
10. Possibilities Min/Int. Cord	Elder S Kamwendo	0888 141 714
11. Music & Education	Elder J Dzinga	0981 822 542
12. AMO/Publishing/VOP	Elder R Chiuzeni	0999 353 037

DEPARTMENTAL LEADERS

DEPARTMENT	LEADER	PHONE
1. Head Deacon	Mr. T Kazembe	0999 954 045
2. Head Deaconess	Mrs S. Mwandama	0881 025 122
3. Church Clerk	Dr. W Chikuni	0999 085 601
4. Church Treasurer	Mr. C Phuza	0888 890 987
5. Church Dev.& Fundraising	Mr. Mackson	0996 867 190
6. Finance & Procurement	Mrs. Chamba	0888 448 484
7. Personal Ministries	Prof. G Kululanga	0880 891 796
8. Dorcas	Mrs. M Nseula	0888 854 544
9. Adventist Men	Mr. J Mataya	0999 950 613
10. Family Ministries	Mr. & Mrs Chamba	0888 958 721
11. Health	Mrs B Moyo	0994 777 116
12. Interest Coordinator	Ms. L Limani	0884 712 516
13. Sabbath School Superintendent	Mr. M Bamusi	0999 292 240
14. Communications Leader	Mr. S Nkosi	0888 347 656
15. Stewardship	Mr. B Kankhuni	0999 927 108
16. Spirit Of Prophecy	Mr. Chilunga	0887 171 665
17. Religious Liberty	Mr. P Kalimbuka	0888 921 333
18. Music Director	Mr. S Matandika	0888 867 719
19. PCM	Mrs. P Katundu	0881 527 825
20. Children’s Min	Dr. Kululanga	0888 851 381
21. Young Adult	Mrs.G Banda	0888 337 287
22. Pathfinder	Mr. A M’dala	0997 216 715
23. Adventurer	Mrs Supuni	0881 270 192
24. Camp Meeting	Mr. G Phuza	0999587 063

CHURCH BANK DETAILS

**FDH BANK, UMOYO BRANCH, BLANTYRE**  
**(Main) Account Number – 1850000061481**  
**(Building) Account Number – 1850000061497**  
**Email address : treasure.sunnysidesda@gmail.com**

**church clerk email: [clerk@sunnysidesdamw.com](mailto:clerk@sunnysidesdamw.com)**  
**[sunnysidesdachurchmw.@gmail.com](mailto:sunnysidesdachurchmw.@gmail.com)**