



SEVENTH-DAY ADVENTIST CHURCH SUNNYSIDE

SABBATH WORSHIP

7th June 2025



Bulletin For 7th June 2025

 **MSONKHANO WA
CHITSITSIMUTSO**
Bangula akhale wa Yesu

MLALI
Pastor Dr. T. Katsekera

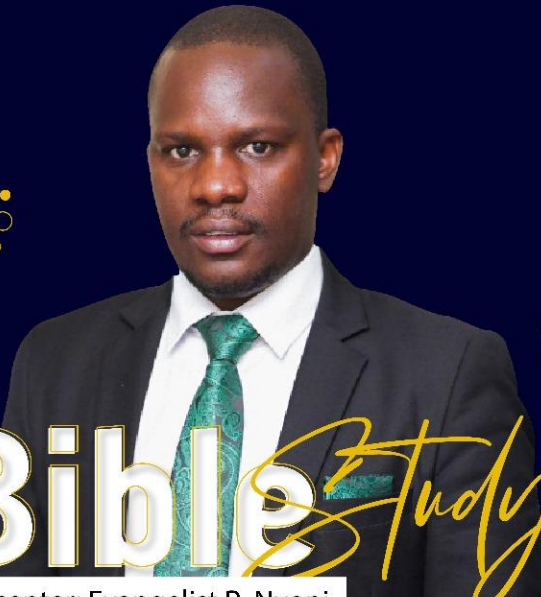
15 TO 28 JUNE 2025 // 5:30 - 7:30pm

 BWALO LA NDEGE
BANGULA TRADING CENTRE

Nonse muli olandiridwa



Seventh-day Adventist Church Sunnyside





Bible Study

Presenter: Evangelist R. Nyoni


The key to a Complete System of Truth

Key verses: John 1:29 & Hebrews 4:14-16

 **7th June
2025**

 **2:00pm - 4:00pm**

Reference materials
Great Controversy chapter 23
and 24.



P.O. Box 31560 Chichiri, Blantyre 3, Malawi Africa
Email: sunnysidesdachurchmw@gmail.com

WORSHIP SERVICE NEXT SABBATH

SABBATH -7th JUNE 2025

ENGLISH SERVICE 07:50 - 08:50	
Bible reading	Pax Chirombo
Children Sermonette	Abel M'dala
Preacher	Evangelist Ronald Nyoni
Sign Language Interpreter	Justine Makuluni
Singing Groups	Sunnyside Heritage
Chorister	Hannah Golozera
Pianist	Mphatso Luwani
First Prayer & Call to worship	
Second Prayer	

SABBATH SCHOOL 09:00 - 09:30	
Song Service & Sabbath School	Sunnyside Heritage
Sabbath School Lesson	All Group Discussion Leaders

ANNOUNCEMENTS AND OFFERTORY 09:30 -09:50	
Elder W Mpinganjira	Elder R Bunyani

CHICHEWA SERVICE 11:00 - 12:00	
Ulaliki wa Ana	Blessings Gwembere
Mlaliki	Evangelist Ronald Nyoni
Chilankhulo cha Manja	Justice Makuluni
Gulu Loimba	Sunnyside Heritage
Woimbitsa Nyimbo	Hanna Golozera
Woimba Limba	Mphatso Luwani
Pemphero Loyamba	
Pemphero Lotsiliza	

AFTERNOON PROGRAM : Bible Study By Ev. Nyoni

ELDER ON DUTY

Elder W Mpinganjira & Elder R Bunyani

DEACONS / DEACONESSES ON DUTY

English Service

Khumbo Chimungu (Team Leader)
Bester Ndazipere
Mr. S. Mahowa
Austine Mlombwa
Happy Philip
Mr. Rhoda Jeremiah
Mrs. Madalo Mbewe
Kapito

Chichewa Service

Mr. O. Sinumbe (Team Leader)
Mrs. B. Pendame
Mrs. B. Matandika
Jean Mwandama
Mrs. P. Katundu
Precious Zimbiri
Mrs. F. Bunyani
Mr. A. Chumachao

WORSHIP SERVICE NEXT SABBATH

SABBATH -14th JUNE 2025

ENGLISH SERVICE 07:50 - 08:50	
Bible reading	Michael Mbewe
Children Sermonette	Mrs. Wathu Nseula
Preacher	Mrs. Takondwa Chikuni
Sign Language Interpreter	Christina Douglas
Singing Groups	Dorcas
Chorister	Mrs. H Golozera
Pianist	Mr. L Mahachi
First Prayer & Call to worship	Dorcas
Second Prayer	Dorcas

SABBATH SCHOOL 09:00 – 09:30	
Song Service & Sabbath School	Dorcas
Sabbath School Lesson	All Group Discussion Leaders

ANNOUNCEMENTS AND OFFERTORY 09:30 -09:50	
Elder W Mpinganjira	Elder R Bunyani

CHICHEWA SERVICE 11:00 - 12:00	
Ulaliki wa Ana	Mrs Yifwa Nkosi
Mlaliki	Shepherdess Katsekera
Chilankhulo cha Manja	Christina Douglas
Gulu Loimba	Dolika
Woimbitsa Nyimbo	Mrs H Golozera
Woimba Limba	Mr L Mahachi
Pemphero Loyamba	Dolika
Pemphero Lotsiliza	Dolika

AFTERNOON PROGRAM : Women’s Ministries Emphasis Day

ELDER ON DUTY

Elder W Mpinganjira & Elder Bunyani

DEACONS / DEACONESSES ON DUTY

English Service

Khumbo Chimungu (Team Leader)
Bester Ndazipere
Mr. S. Mahowa
Austine Mlombwa
Happy Philip
Mr. Rhoda Jeremiah
Mrs. Madalo Mbewe
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Chichewa Service

Mr. O. Sinumbe (Team Leader)
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Mrs. B. Matandika
Jean Mwandama
Mrs. P. Katundu
Precious Zimbiri
Mrs. F. Bunyani
Mr. A. Chumachao

Upon Whom the Ends Have Come

SABBATH AFTERNOON

Read for This Week's Study: [Rev. 6:12-17; Matt. 24:36-44; Gen. 6:1-8; 2 Pet. 2:4-11; Gen. 18:17-32; Dan. 7:9-10](#)

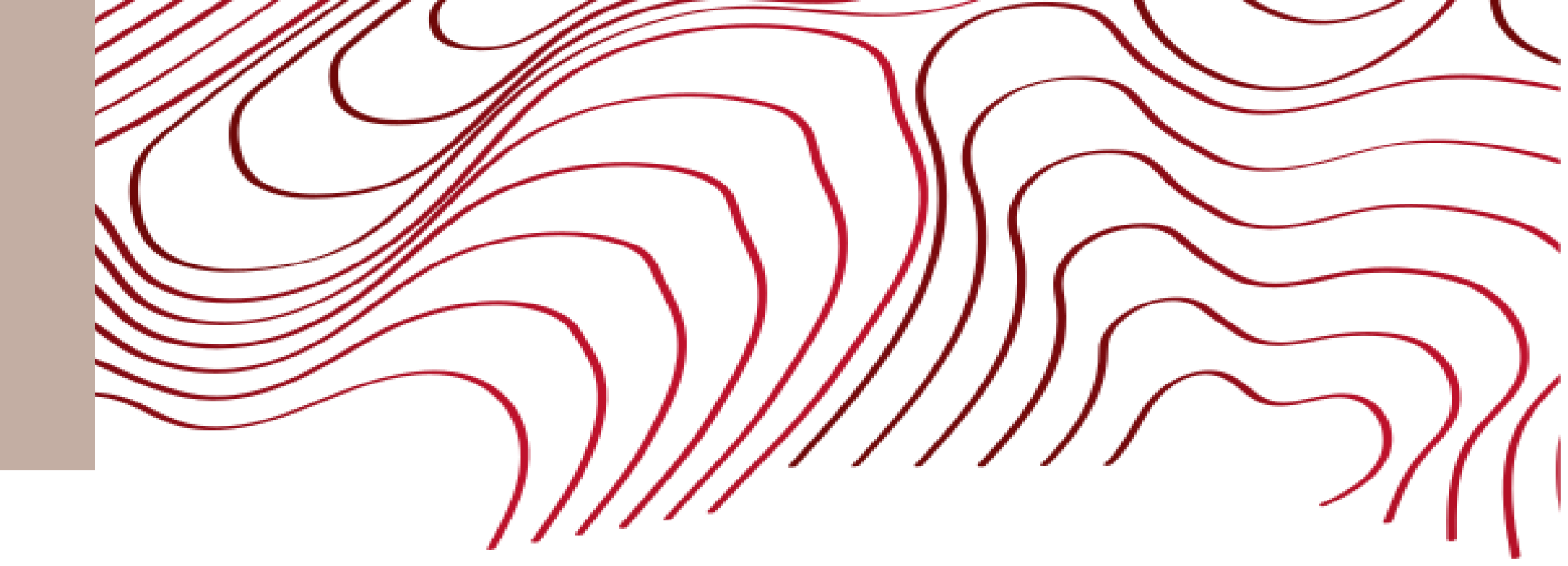
Memory Text: “Now all these things happened to them as examples, and they were written for our admonition, upon whom the ends of the ages have come. Therefore, let him who thinks he stands take heed lest he fall” ([1 Corinthians 10:11-12](#), NKJV).

The Bible is filled with accounts of God's people that point to future events and that hold keys to helping us understand “present truth.” In fact, some of those accounts foreshadow last-day events with surprising detail, providing us a broader foundation for understanding the prophecies of Daniel and Revelation clearly.

Without violating an individual's freedom of conscience, God can perfectly steer the events that will happen in the last days, events that He revealed to the prophets. Some of these important stories are obvious, because the New Testament refers to them specifically in describing last-day events: Sodom and Gomorrah, the Flood, etc. Others require careful thought and exploration in order to mine from them the truths that have been given us in the Word of God.

Over the next couple of weeks, we will be searching through a number of key stories in order to see what they might have to say about events such as the Second Coming, the investigative judgment, the final crisis, and more. And, through it all, we find Christ as the center, for He must be the foundation as well as the end goal of all our prophetic endeavors.

Study this week's lesson to prepare for Sabbath, June 7.



Upcoming Events – JULY 2025

- July 5: **Quarterly Day of Prayer**
- July 12: ***Mission Promotion:* World Mission**
- July 19: ***Reach the World:* Media Ministry**
- July 26: **Children’s Sabbath**

Details of Events.

- ☐ June 7: ***Reach the World:* Bible Study: Sabbath School and Correspondence Courses**
- ☐ June 14: **Women’s Ministries Emphasis Day**
- ☐ June 21: ***Reach the World:* Nurturing Other Members and Reclaiming.**
- ☐ June 21: **Adventist Church World Refugee Day.**
- ☐ June 28: **World Public Campus Ministries Day.**

Announcements

- We warmly welcome our visitors and regular Church members. Let us all observe reverence in Church.
- All Departmental Leaders that have not submitted their first quarter performance reports are being notified that today is the last day of submission through their Elder
- The Pastor Dr. T Katsekera will conduct a crusade from 14th to 29th June 2025, at Bangula Trading Centre, Nsanje. The theme is **Bangula for Christ**. All members are requested to pray for the success of the crusade.
- Othe crusades being Sponsored by Sunnyside through its members are taking place as follows;
 - i. Nsangwe trading centre in Chikwawa, 1 - 14 June 2025. Preacher is Pastor Daniel Kambalame.
 - ii. Ntowe trading centre in Nsanje, 15 - 28 June 2025. Preacher is Pastor Enerst Ganamba.Let us also include these crusades in our prayers.
- We shall have Holy communion on 21st June 2025. All baptized members are requested to prepare to partake.
- All Church Board members are invited to monthly Board meeting on 16th June 2025 from 09:00AM.
- We shall have third quarter Day of prayer and fasting on 5th July 2025. The theme is **"In the upper room, pray like Daniel for spiritual revival and physical healing"**. All members are requested to prepare. And remember to drop your prayer petitions in the box at the back.
- The SWMC Adventist Youth Department is organizing a Music Seminar scheduled to start from 11th to 13th July 2025. The purpose is to equip all Music Directors from all zones and Districts. The venue and other details to be advised later.
- All Departmental leaders are being reminded about informing the Board of Elders through their Sponsor/Elder of any activities planned to take place within and outside the Church for consideration and approval.
- The Church Board approved revised Sabbath worship order of Service with effect from 17th May 2025. Major change include Announcements and Offertory shall be from 9:30AM to 9:50 AM. The new order of service is appended below.
- 2025 Camp Meeting shall take place from 2nd to 6th September 2025, from 08:00am to 07:00PM.
- AY Classes started on 15th February 2025. All parents are requested to encourage their wards to take part.

Recurring Announcements

- Members are being encouraged to notify Head Deacon, Mr. T Kazembe of any sickness or bereavement, for members to pray and be available for the concerned families.
- The Church would like to appeal to members who have been worshiping with us for more than six months, or will be worshiping with us for long, to contact the Church Clerk, to have their names transferred to Sunnyside Church.
- Sunnyside Jesus Way meets every Wednesday and Fridays from 5:30- 6:15pm. All members that would like to attend are most welcome.
- 2025 SWM conference AYM Membership Fee Registration will be as follows;

ADVENTURERS	PATHFINDERS	SENIOR YOUTH ABOVE 16YEARS
K1,400.00	K2,100.00	K2,800.00

- Announcements from Adventist Youth
Monthly Contributions are as follows;
Adventures -K500.00
Pathfinders -K500.00
Senior Youth(16 years above) -K1,000.00
AY classes shall be held on Sundays.
- Both men and women, boys and girls are reminded to dress responsibly bearing in mind that as Children of the Most high come to God’s house to worship in truth and in spirit. Therefore, need to dress appropriately as befitting Christians waiting for the second coming of Jesus Christ.
- Members are being encouraged to come on time for the Church services and encouraged to attend afternoon programs. English service starts at 07:30am.
- **HEALTH DEPARTMENT**
Health department invites all members to Sports activities every Sunday, from 05:00am, here at Church. This Sunday, everyone coming to the Sports should bring a Note pad and pen. Health department would like to monitor progress of all participants.
- **MUSIC DEPARTMENT**
Sabbath Music Session : From 1:30pm to 2:00pm

Special appeal to Parents to ensure that their wards attend afternoon programs and not be outside during afternoon worship.

REMEMBER TITHE AND OFFERING
PLEASE REMEMBER TO RETURN TITHE AND GIVE OFFERINGS
USE THE ENVELOPES FOR YOUR PLANNED TITHE & OFFERINGS

JOURNEY THROUGH THE BIBLE

Reading from 8th June – 15th June, 2025

08/06/2025 - (Exodus 4)
09/06/2025 - (Exodus 5)
10/06/2025 - (Exodus 6)
11/06/2025 - (Exodus 7)
12/06/2025 - (Exodus 8)
13/06/2025 - (Exodus 9)
14/06/2025 - (Exodus 10)

Weekly Spirit of Prophecy Reading; Patriarchs and Prophets
Chap. 8 : After The Flood

SABBATH PROGRAMS

ACTIVITY	TIME	
Teachers Lesson	6:45:am	7:20:am
Prayer Band	7:20:am	7:30:am
Song Service	7:30:am	7:50:am
English Service	7:50:am	8:50am
Song Service	8:50:am	9:00am
Sabbath School	9:00:am	9:30:am
Announcements & Offetory	9:30am	9:50am
Sabbath School Classes	9:50am	10:50am
Song Service	10:50am	11:00am
Chichewa Service	11:00am	12:00noon
Afternoon Program	2:00pm	4:00pm

REMEMBER TITHE AND OFFERING
PLEASE REMEMBER TO RETURN TITHE AND GIVE OFFERINGS
USE THE ENVELOPES FOR YOUR PLANNED TITHE & OFFERINGS



REVISED SABBATH WORSHIP
ORDER OF SERVICE

Effective Date: 17th May 2025

TIME	DURATION	ACTIVITY	DETAILS
07:30 – 07:50	20 min	Song Service	<ul style="list-style-type: none">• Congregational singing• Choir/Special Group
07:50 – 08:50	1 hr	English Service	<ul style="list-style-type: none">• Start of Pulpit activities at 07:50• No offerings during the service
08:50 – 09:00	10 min	Song Service	<ul style="list-style-type: none">• Congregational singing
09:00 – 09:30	30 min	Sabbath School	<ul style="list-style-type: none">• Sabbath School team to take their positions by 09:00
09:30 – 09:50	20min	<ul style="list-style-type: none">• Announcements• Offerings• Music during offerings	<ul style="list-style-type: none">• Elder on Duty, Offertory Reader & Deacon to come from Vestry to the Pulpit stage• One combined offering coming immediately after announcements
09:50 – 10:00	10 min	Class Formation / Music	<ul style="list-style-type: none">• Break out to classes while music by singing group
10:00 – 10:50	50 min	Sabbath School Classes	<ul style="list-style-type: none">• Fixed end of class time 10:50
10:50 – 11:00	10 min	Song Service	<ul style="list-style-type: none">• Chorister/Instrumentalists to break classes with music at 10:50• Congregational singing
11:00 – 12:00	1hr	Chichewa Service	<ul style="list-style-type: none">• Start of Pulpit activities at 11:00• No offerings during the service



MSONKHANO WA
CHITSITSIMUTSO
Bangula akhale wa Yesu

MLALIKI
Pastor Dr. T. Katsekera

15 TO 28 JUNE 2025 // 5:30 - 7:30pm



AIRFIELD GROUND
BANGULA TRADING CENTRE

Nonse muli olandiridwa



WEEKLY HEALTH READING

Sabbath Health Reading- June, 7

Psychology of Pain



Acute and Chronic Pain

Acute pain is caused by an accident, illness or unusual effort, and causes a very strong discomfort which diminishes over time until it disappears. Even without illness or accident, this type of pain can occur when one engages in an activity that uses muscles that have not been used for a long time.

Chronic pain, on the other hand, implies per-manent or semi-permanent presence and is considered such when it lasts for six months or more. It may be continual (such as lower back pain, which is almost always present) or recurring (such as a migraine, that appears intermittently over months and even years).

This pain is difficult to treat, at least in terms of causing it to completely disappear. The elderly most frequently experience chronic lumbar (from various causes), head and arthritic pain.

Chronic pain requires greater attention due to the fact that it is part of life for so many elderly. Depending on which statistics you consult, it is found that some of chronic pain is present among 25% to 80% of causes with more being found in hospitals and residency homes.

Pain serves an important purpose for our survival: through it, our body alerts to change our behaviour, and avoid or correct problems.

Pain occurs in the contexts to health (it causes us to change positions while we sleep and it tells us to stop eating when our stomach is too full), of illness (it sends us signals via a rotten tooth), or of accident (we feel discomfort from a sprained ankle).

For an elderly person, Pain tends to occur more frequently than at other ages. This happens because of the ageing organism and the prevalence of painful illness, such as arthritis or back pain (*Enjoy Life p, 98*).

CHURCH LEADERSHIP

DEPARTMENT	ADVISOR	PHONE
1. Church Pastor	Ps. Dr. Katsekera	0991 684 986
2. First Elder		
Treasury & Clerk	Elder M Kampani	0886 592 737
3. Associate First Elder		
Dorcas/Health/Family Life	Elder R Bunyani	0999 871 055
4. Stewardship, Strategic		
Planning & Communication	Elder N Pendame	0999 273 825
5. Personal Min/Deaconry		
Finance & Proc	Elder A Chipungu	0888 857 696
6. Youth Min/PCM/Children's Min	Elder Y Nseula	0999 974 888
7. Sabbath School	Elder G Phuza	0999 587 063
8. Public Affairs & Religious Liberty	Elder C Kaluwa	0888 122 655
9. Church Dev/Camp Meeting		
/Fundraising	Elder W Mpinganjira	0888 200 300
10. Possibilities Min/Int. Cord	Elder S Kamwendo	0888 141 714
11. Music & Education	Elder J Dzinga	0981 822 542
12. AMO/Publishing/VOP	Elder R Chiuzeni	0999 353 037

DEPARTMENTAL LEADERS

DEPARTMENT	LEADER	PHONE
1. Head Deacon	Mr. T Kazembe	0999 954 045
2. Head Deaconess	Mrs S. Mwandama	0881 025 122
3. Church Clerk	Dr. W Chikuni	0999 085 601
4. Church Treasurer	Mr. C Phuza	0888 890 987
5. Church Dev.& Fundraising	Mr. Mackson	0996 867 190
6. Finance & Procurement	Mrs. Chamba	0888 448 484
7. Personal Ministries	Prof. G Kululanga	0880 891 796
8. Dorcas	Mrs. M Nseula	0888 854 544
9. Adventist Men	Mr. J Mataya	0999 950 613
10. Family Ministries	Mr. & Mrs Chamba	0888 958 721
11. Health	Mrs B Moyo	0994 777 116
12. Interest Coordinator	Ms. L Limani	0884 712 516
13. Sabbath School Superintendent	Mr. M Bamusi	0999 292 240
14. Communications Leader	Mr. S Nkosi	0888 347 656
15. Stewardship	Mr. B Kankhuni	0999 927 108
16. Spirit Of Prophecy	Mr. Chilunga	0887 171 665
17. Religious Liberty	Mr. P Kalimbuka	0888 921 333
18. Music Director	Mr. S Matandika	0888 867 719
19. PCM	Mrs. P Katundu	0881 527 825
20. Children's Min	Dr. Kululanga	0888 851 381
21. Young Adult	Mrs.G Banda	0888 337 287
22. Pathfinder	Mr. A M'dala	0997 216 715
23. Adventurer	Mrs Supuni	0881 270 192
24. Camp Meeting	Mr. G Phuza	0999587 063

CHURCH BANK DETAILS

FDH BANK, UMOYO BRANCH, BLANTYRE
(Main) Account Number – 1850000061481
(Building) Account Number – 1850000061497
Email address : treasure.sunnysidesda@gmail.com

*church clerk email: clerk@sunnysidesdamw.com
sunnysidesdachurchmw.@gmail.com*