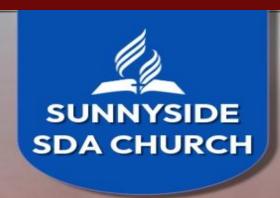


Seventh-day Adventist Church

SUNNYSIDE



DAY OF
PRAY ER
FASTING

5th April 2025

Pray Room Pray Carlo P









P.O. Box 31560 Chichiri, Blantyre 3, Malawi Africa Email: sunnysidesdachurchmw@gmail.com

WORSHIP SERVICE THIS SABBATH

SABBATH -5th April 2025

ENGLISH SERVICE			
Bible reading			
Children Sermonette	Mrs Moyo		
Preacher	Mrs Chisomo Fatchi		
Singing Group	Pilgrims		
Chorister	Mrs E Koloviko		
Pianist	Mr Limbani Mahatchi		
First Prayer & Call to worship	Mr. Chilunga		
Second Prayer & offertory	Ms. Alinane Khonje		
SABBATH SCHOOL 09:00 - 10:30			
Song Service & Sabbath School	Pilgrims		
Sabath School Lesson	All SS Teachers (Chichewa & English)		
CHICHEWA SERVICE			
Wowelenga Baibulo			
Ulaliki wa Ana	Mrs T Phalira		
Mlaliki	Elder H Chamba		
Gulu Loimba	Pilgrims		
Woimbitsa Nyimbo	Mrs E Koloviko		
Woimba Limba	Mr Limbani Mahatchi		
Pemphero Loyamba	Mr. H Moyo		
Pemphero Lotsiliza	Mrs. Katundu		

AFTERNOON PROGRAM: Prayer and Fasting

ELDER ON DUTY

Elder N Pendame

DEACONS / DEACONESSES ON DUTY

English Service

Mrs. M. Chamba (Team Leader)

Mr. H. Moyo

Mr. S. Matiti

Mr. B. Supuni

Mrs. M. Kavinya

Mrs. Chakuamba

Mr. C. Kachiswe

Mrs.Chumachao

Chichewa Service

Mrs. Mwipi Chibwana (Team Leader)

Mr. Meke

Vitumbiko Jere

Mrs. D. Ndazipere

Richard Kachulu

Mr. C. Mtike

Mrs. Baloyi

Mrs. Makwakwa

WORSHIP SERVICE NEXT SABBATH

SABBATH -12th April 2025

ENGLISH SERVICE				
Bible reading				
Children Sermonette				
Preacher	Pastor Dr T Katsekera			
Singing Group	Open Bible			
Chorister	Mr C Vomela			
Pianist	Mr L Mahatchi			
First Prayer & Call to worship				
Second Prayer & offertory				
SABBATH SCHOOL 09:00 - 10:30				
Song Service & Sabbath School	Open Bible			
Sabath School Lesson	All SS Teachers (Chichewa & English)			
CHICHEWA SERVICE				
Wowelenga Baibulo				
Ulaliki wa Ana				
Mlaliki	Pastor Dr T W Katsekera			
Gulu Loimba	Open Bible			
Woimbitsa Nyimbo	Mr C Vomela			
Woimba Limba	Mr L Mahatchi			
Pemphero Loyamba				
Pemphero Lotsiliza				

AFTERNOON PROGRAM: Stewardship Emphasis Week

ELDER ON DUTY

Elder N Pendame

DEACONS / DEACONESSES ON DUTY

English Service

Mrs. Makwakwa (Team Leader)

Mrs. Baloyi

Mrs. M. Chibwana

Mr.C. Mtike

Mr. Richard Kachulu

Mrs. D. Ndazipere

Vitumbiko Jere

Mr. Meke

Chichewa Service

Mrs. M. Kavinya (Team Leader)

Mrs. Chakuamba

Mr. B. Supuni

Mr. S. Matiti

Mrs. M. Chamba

Mrs. Chumachao

Mr. Chonzi

Mr. C. Kachiswe

Lesson 1 March 29 - April 4

Some Principles of Prophecy



Sabbath Afternoon

Read for This Week's Study: <u>Jer. 9:23-24; Ps. 139:1-6; Dan.</u> 12:4; Rev. 22:10; 2 Tim. 3:15-17; Heb. 4:12

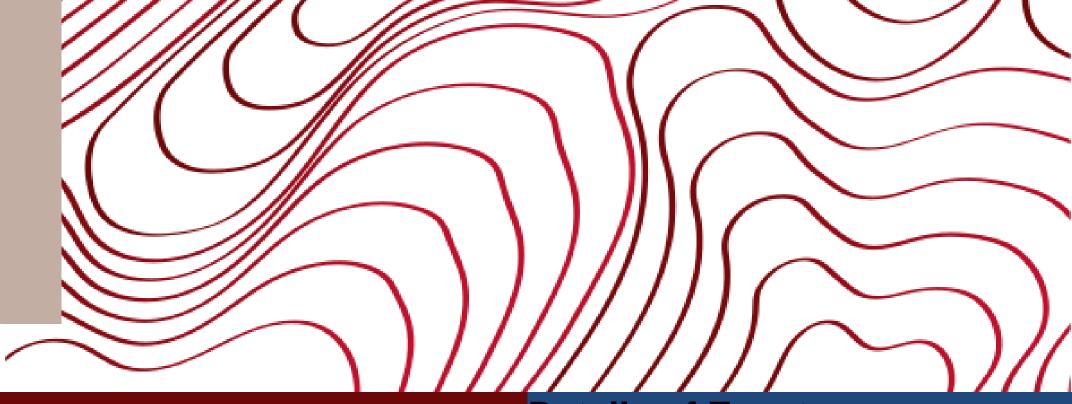
Memory Text: "But let him who glories glory in this, that he understands and knows Me, that I am the LORD, exercising lovingkindness, judgment, and righteousness in the earth. For in these I delight,' says the LORD" (Jeremiah 9:24, NKJV).

As with most everything else in Scripture, Christians disagree about prophecy, which often convinces others that Bible prophecy is a waste of time. After all, if Christians fight over every prophetic jot and tittle, how valid could it be? Unfortunately, many believers also begin to think that some books of the Bible, like Revelation, are simply incomprehensible. Instead of reading them, they avoid them, sometimes with the encouragement of a well-meaning pastor who thinks that studying prophecy causes more problems than it solves.

It was not always so. For the first eighteen centuries of Christian history, most Christians were very comfortable with biblical prophecy, and there was a surprising level of agreement on what the key messages of the prophecies were. This is how God intended for it to be: "Now I plead with you, brethren, by the name of our Lord Jesus Christ, that you all speak the same thing, and that there be no divisions among you, but that you be perfectly joined together in the same mind and in the same judgment" (1 Cor. 1:10, NKJV).

This week, we will explore some principles that yield a consistent and reliable understanding of prophecy.

Study this week's lesson to prepare for Sabbath, April 5.



Upcoming Events – May 2025

- ☐ May 3-31: **Drug Awareness Month**
- ☐ May 3: *Reach the World*: Using Communication Channels.
- ☐ May 4: ALBUM LAUNCH Blessed Tidings from Neno
- ☐ May 17: Global Adventurer's Day
- □ May 24: World Day of Prayer for Children at Risk –

Details of Events.

Day of Prayer and Fasting

Date : 5th April 2025

Stewardship Week

Theme : Trusting God Amid

Financial Challenges

Date : 6th -12th April 2025

13th April 2025 : GROUNDBREAKING

CEREMONY and inauguration of

construction works for THE CHILDREN CHAPEL.

April 19: **Possibility Ministries Day**

Announcements

- We warmly welcome our visitors and regular Church members.
 Let us all observe reverence in Church.
- To day is the quarterly Day of Prayer and Fasting. All members are requested to participate in these prayers. The Theme is: In the Upper room: Pray like Daniel in times of Crisis.
- Stewardship week is starting from tomorrow, 6th to 12th April 2025. The theme is: Trusting God amid financial challenges.
- We shall have a Ground Breaking Ceremony for the Children's Chapel on 13th April 2025 from 9:00 to 11:30. All Church members are invited.
- All Departmental leaders are being reminded about informing the Board of Elders through their Sponsor/Elder of any activities planned to take place within and outside the Church for consideration and approval.
- 2025 Camp Meeting shall take place from 2nd to 6th September 2025, from 08:00am to 07:00PM.
- AY Classes started on 15th February 2025. All parents are requested to encourage their wards to take part.
- Blantyre Adventist Hospital has organized a two weeks crusade at the Car park. From 30th March to 12th April 2025. The Preachers at this crusade are the visiting Doctors and Malawi Union Conference President Pastor T Y Nyirenda.
- Blessed Tidings from Neno will have their Album Launch at Sunnyside Church on Sunday 4th May 2025

WEDDDING ANNOUNCEMENTS

Mr Fred Chibwana of Dickson Village T/A Nkalo Chiradzuru District, a Member of Sunnyside SDA Church Intends to be wedded to Miss Praise Lusayo Changadeya a bride from Changadeya Village T/A Chanthunya, Balaka District, a member of Sunnyside SDA Church on 21st April 2025 at Sunnyside SDA Church to be Officiated by Pastor Dr.T W Katsekera from 8:00am.

This is the Second announcement.

Announcements

- Members are being encouraged to notify Head Deacon, Mr. T Kazembe of any sickness or bereavement, for members to pray and be available for the concerned families.
- The Church would like to appeal to members who have been worshiping with us for more than six months, or will be worshiping with us for long, to contact the Church Clerk, to have their names transferred to Sunnyside Church.
- Sunnyside Jesus Way meets every Wednesday and Fridays from 5:30- 6:15pm.
 All members that would like to attend are most welcome.
- 2025 SWM conference AYM Membership Fee Registration will be as follows;

ADVENTURERS PATHFINDERS SENIOR YOUTH ABOVE 16YEARS K1,400.00 K2,100.00 K2,800.00

Announcements from Adventist Youth

Monthly Contributions are as follows;

Adventures -K500.00
Pathfinders -K500.00
Senior Youth(16 years above) -K1,000.00

AY classes shall be held on Sundays.

- Both men and women, boys and girls are reminded to dress responsibly bearing in mind that as Children of the Most high come to God's house to worship in truth and in spirit. Therefore, need to dress appropriately as befitting Christians waiting for the second coming of Jesus Christ.
- Members are being encouraged to come on time for the Church services and encouraged to attend afternoon programs. English service starts at 07:30am.

HEALTH DEPARTMENT

Health department invites all members to Sports activities every Sunday, from 05:00am, here at Church. This Sunday, everyone coming to the Sports should bring a Note pad and pen. Health department would like to monitor progress of all participants.

MUSIC DEPARTMENT

Sabbath Music Session: From 1:30pm to 2:00pm

Special appeal to Parents to ensure that their wards attend afternoon programs and not be outside during afternoon worship.

JOURNEY THROUGH THE BIBLE

Reading from 23rd March - 29th March, 2025

06/04/2025 - (Revelation 12) 07/04/2025 - (Revelation 13) 08/04/2025 - (Revelation 14) 09/04/2025 - (Revelation 15) 10/04/2025 - (Revelation 16) 11/04/2025 - (Revelation 17) 12/04/2025 - (Revelation 18)

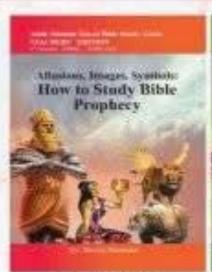
Weekly Spirit of Prophesy Reading; Steps to Christ Chap. 11
The Privilege of Prayer

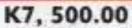
SABBATH PROGRAMS

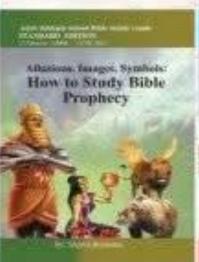
ACTIVITY	TII	ME
Teachers Lesson	6:45:am	7:20:am
Prayer Band	7:20:am	7:30:am
English Service	7:30:am	9:00:am
Sabbath School	9:00:am	9:35:am
Quarterly Lessons	9:35:am	10:20:am
Chichewa Devine Service	10:20:am	12:00:am
Music Session	1:30:pm	2:00:pm
Afternoon Program	2:00:pm	4:00:pm
Visitations, AY Classed & Departmental Meetings	4:00:pm	5:00:pm



Mabukuwa alipo m'malo athu ogulitsira mabuku!







K7, 000.00



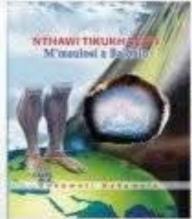
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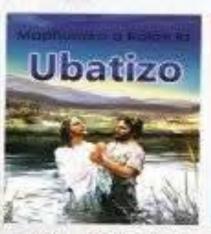
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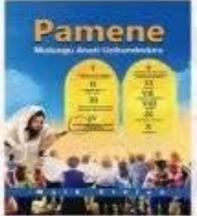
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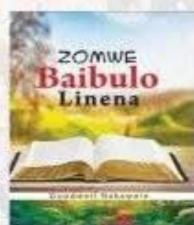
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K5, 000.00



K5, 500.00



K6, 000.00

MALO OGULITSIRA

Chigawo cha Kum'mwera

- 1. South-East Malawi Conference offices Soche
- 2. Eastern Malawi Conference offices Zomba
- South-West Malawi Conference offices Sunnyside
- 3. Nzeru za Abambo Zatha (Lumbe) Makwasa
- 4. Malamulo Publishing House Makwasa

Chigawo cha Pakati

- Mrs. Chapiwa Nkosi Malawi Union Conference offices
- 2. Central Malawi Conference offices
- 3. Area 23 AHS Clinic
- 4. Mr. Haji Sulemani Ntcheu Boma

Chigawo cha Kumpoto

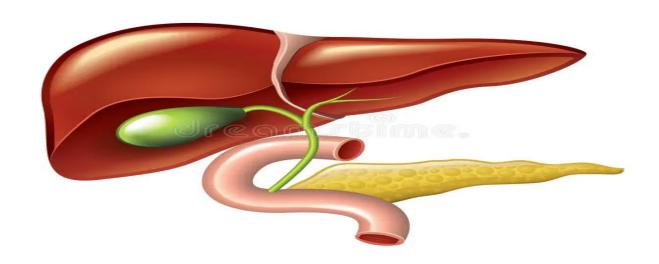
North Malawi Conference offices - Mzuzu

KUTI MUDZIWE ZAMBIRI:

+ 265 881 830 091/ + 265 990 397 790/ + 265 999 329 456 (3) Malamulo Publishing House Official

WEEKLY HEALTH READING

Sabbath Health Reading-April, 5 Liver and the Gallbladder



The Liver carries out its multiple functions' detoxification being one of them, in a still and quiet manner. A balanced and natural diet is of utmost importance and keep this organ in optimal condition as well as to prevent possible disorders. On the other hand, an unbalanced diet, with plenty of protein from flesh meat, shellfish, alcoholic beverages, drugs in general, certain medicines, along with chemical products, disturb the health of this important organ.

What Helps the Liver

There are certain foods that help the liver to carry out its cleansing function. Furthermore, some foods have the capacity to strengthen and regenerate this organ. Artichokes, cardoons, and Belgian endives are examples. That is why these ingredients are significant components in the nature diet. The food that is the best friend of the liver is undoubtedly the artichoke, it is an authentic medicine for the liver. Hepatic patients are often recommended to take artichoke extract, as it contains cynarine.

The artichoke or globe artichoke is very versatile horticultural product. It can be used raw, steamed, baked, and as an ingredient in many dishes. Its looks and taste are unique and pleasant. Therefore, as often as possible, we should use natural artichokes prepared in the simplest possible way.

Artichokes can be frozen. They may also be canned, although they lose their best properties in this way. For example, women on oral contraceptives whose estrogens need to be metabolized and excreted by the liver will benefit from an abundant intake of artichokes. The gallbladder stores bile secreted by the liver. This organ later empties its contents into the intestine to help in the digestion of fat (*Education and Health Library, Volume 3/226*)



Date: 30-March to 12-April

Time: 5:30pm to 7:00pm

Location: BAH Admin Car Park

Speakers:

PS T.Y Nyirenda

Arega Fekadu (Cardio Thoracic Surgeon)

Tiffany Priester (Cardiologist)

Nan Wang (Cardio Thoracic Surgeon)

Brian Schwarts (Cardiologist)



YOU ARE ALL INVITED



MANAGING IN TOUGH TIMES

'Offer to God thanksgiving and pay your vows to the Most High. Call upon Me in the day of trouble; I will deliver you, and you shall glorify Me'" (Psalm 50:14, 15, NKJV).

Sometimes our world seems to be spinning out of control: wars, bloodshed, crime, immorality, natural disasters, pandemics, economic uncertainty, political corruption, and more. There is a strong urge for individuals and families to think first of their own survival. Accordingly, much thought is given to seeking security in these uncertain times, which, of course, is understandable. The toils of life do take a lot of our daily focus. With debts to pay, children to raise, property to maintain, it does take time and thought. And, of course, we do need clothes, food, and shelter. In the Sermon on the Mount, Jesus addressed these very basic needs and then stated, " 'Your heavenly Father knows that you need all these things. But seek first the kingdom of God and His righteousness, and all these things shall be added to you' " (Matt. 6:32, 33, NKJV). Amid trying times, when we need to lean on the Lord more than ever, there are some concrete steps, based on biblical principles, that we should follow.

1.Putting God First (Read 2 Chronicles 20:1–22.)

The God who delivered them is the same God whom we love and worship, and His power is just as great today as back then. The challenge, for us, is to trust in Him and His leading.

2.Trust God, Not Your Own Resources (1 Chronicles 21:1–14.)

In our immediate context, it is very tempting to trust in the power of the government or in our bank accounts, but in every crisis mentioned in the Bible, when the people trusted in God, He honored their trust and provided for them. We should be using the present time to get square with God, get out of debt, and be generous with what we have been given. In the words of the well-known, Thomas Dorsey gospel song, "If we ever needed the Lord before, we sure do need Him now."

3.Time to Simplify?

As Seventh-day Adventist Christians we must always live in the light of eternity. Yes, of course, we need to work hard to provide for ourselves and our families; and if we have been blessed with wealth, nothing is wrong with enjoying it now, provided we don't become greedy and are generous with it in regard to the needy. Yet, we must always remember that whatever we accumulate here is transitory; fleeting; and, if we are not careful, has the potential to be spiritually corrupting.

4. Priorities

Paul wrote, "Set your affection on things above, not on things on the earth" (Col. 3:2). Of course,

that's easier said than done, because the things of the world are right here before us every day. The lure of "all that is in the world" is strong; the pull for immediate gratification is always there, whispering in our ears or pulling on our shirt sleeves—or both. Hasn't even the most faithful Christian felt some love for "the things of the world"? Even with our knowledge that one day it will all end, we still feel the pull, don't we? The good news, however, is that we don't need to let it pull us away from the Lord.

5. When No One Can Buy or Sell Revelation 13:11–17.

The Bible paints a painful picture of the world before the second coming of Jesus. Daniel writes about "'a time of trouble, such as never was since there was a nation, even to that time' " (Dan. 12:1, NKJV). Considering some of the troublous times in the past, what he is referring to here must be pretty bad. The book of Revelation also points to troubling times before the return of Christ.

You can't buy or sell? How much of our lives today revolves around buying and selling? Our work is, in a sense, our selling of our time and skills and goods to those who want to buy them. Not being able to buy or sell all but means not being able to function in society. The pressure on those who remain faithful will then be enormous. Plus, the more money that you have, the more stake you will have in this world, at least in terms of material possessions, and so, surely, the pressure to conform will be even stronger. How then do we prepare? We prepare now, by making sure through God's grace that we are not slaves to our money, to the things of the world. If we are not bound to them now, we won't be when we will, in order to be faithful, have to give them up.

God explained through Moses that one of the reasons He established the tithing system was " 'that you may learn to fear the Lord your God always' " (Deut. 14:23, NKJV). In the poetic parallelism of Psalm 31:19, we see that fear is synonymous with trust. "Oh, how great is Your goodness, which You have laid up for those who fear You, which You have prepared for those who trust in You" (NKJV). These parallel lines show us that to fear the Lord is to trust Him. Therefore, we understand that God established the tithing system to protect us from selfishness and to encourage us to trust Him to provide for us. While being faithful in tithe is certainly not a guarantee that people will stay faithful in the end, those who are not faithful in tithe are surely setting themselves up for trouble

CHURCH LEADERSHIP

DEPARTMENT	ADVISOR	PHONE
1. Church Pastor	Ps. Dr. Katsekera	0991 684 986
2. First Elder		
Treasury & Clerk	Elder M Kampani	0886 592 737
3. Associate First Elder		
Dorcas/Health/Family Life	Elder R Bunyani	0999 871 055
4. Stewardship, Strategic		
Planning & Communication	Elder N Pendame	0999 273 825
5. Personal Min/Deaconry		
Finance & Proc	Elder A Chipungu	0888 857 696
6. Youth Min/PCM/Children's Min	Elder Y Nseula	0999 974 888
7. Sabbath School	Elder G Phuza	0999 587 063
8. Public Affairs & Religious Liberty	Elder C Kaluwa	0888 122 655
9. Church Dev/Camp Meeting		
/Fundraising	Elder W Mpinganjira	0888 200 300
10. Possibilities Min/Int. Cord	Elder S Kamwendo	0888 141 714
11. Music & Education	Elder J Dzinga	0981 822 542
12. AMO/Publishing/VOP	Elder R Chiuzeni	0999 353 037

DEPARTMENTAL LEADERS

DEPARTMENT	LEADER	PHONE
1. Head Deacon	Mr. T Kazembe	0999 954 045
2. Head Deaconess	Mrs S. Mwandama	0881 025 122
3. Church Clerk	Dr. W Chikuni	0999 085 601
4. Church Treasurer	Mr. C Phuza	0888 890 987
Church Dev.& Fundraising	Mr. Mackson	0996 867 190
6. Finance & Procurement	Mrs. Chamba	0888 448 484
7. Personal Ministries	Prof. G Kululanga	0880 891 796
8. Dorcas	Mrs. M Nseula	0888 854 544
9. Adventist Men	Mr. J Mataya	0999 950 613
10. Family Ministries	Mr. & Mrs Chamba	0888 958 721
11. Health	Mrs B Moyo	0994 777 116
12. Interest Coordinator	Ms. L Limani	0884 712 516
13. Sabbath School Superintendent	Mr. M Bamusi	0999 292 240
14. Communications Leader	Mr. S Nkosi	0888 347 656
15. Stewardship	Mr. B Kankhuni	0999 927 108
16. Spirit Of Prophecy	Mr. Chilunga	0887 171 665
17. Religious Liberty	Mr. P Kalimbuka	0888 921 333
18. Music Director	Mr. S Matandika	0888 867 719
19. PCM	Mrs. P Katundu	0881 527 825
20. Children's Min	Dr. Kululanga	0888 851 381
21. Young Adult	Mrs.G Banda	0888 337 287
22. Pathfinder	Mr. A M'dala	0997 216 715
23. Adventurer	Mrs Supuni	0881 270 192
24. Camp Meeting	Mr. G Phuza	0999587 063

CHURCH BANK DETAILS

FDH BANK, UMOYO BRANCH, BLANTYRE (Main) Account Number – 1850000061481 (Building) Account Number – 1850000061497 Email address: treasure.sunnysidesda@gmail.com

church clerk email: clerk@sunnysidesdamw.com sunnysidesdachurchmw.@gmail.com