



Seventh-day Adventist[®] Church **SUNNYSIDE**

29th March 2025



Childrens chapel & Multipurpose building

HOLY COMMUNION SABBATH



**MARCH
29
2025**

**FAMILY
AFTERNOON**

VENUE
Family/Families choice

TIME
Sabbath Afternoon

All members are encouraged to have

- Quality family time
- Time for self reflection
- Time to visit and cheer family, friends, sick, and bereaved.



**HOLY
Communion
Service**

**29TH
MARCH
2025**

**AFTER
SABBATH SCHOOL
CLASSES**

P.O. Box 31560 Chichiri, Blantyre 3, Malawi Africa
Email: sunnysidesdachurchmw@gmail.com

WORSHIP SERVICE THIS SABBATH

HOLY COMMUNIONSABBATH -29th MARCH 2025

| ENGLISH SERVICE | |
|--------------------------------|--------------------------------------|
| Bible reading | Mr Cai Bunyani |
| Children Sermonette | Mrs Chidothe |
| Preacher | Pastor Dr T W Katsekera |
| Singing Group | Senior Choir |
| Chorister | Mrs E Koloviko |
| Pianist | Mr L Mahachi |
| First Prayer & Call to worship | |
| Second Prayer & offertory | |
| SABBATH SCHOOL 08:30 | |
| Song Service & Sabbath School | Senior Choir |
| Sabath School Lesson | All SS Teachers (Chichewa & English) |
| HOLY COMMUNION SERVICE | |
| Feet washing | 11 : 00 - 11 : 30 |
| Members seated | 11 : 30 - 11 : 40 |
| Holy Communion Service | 11 : 40 - 12 : 30 |
| Final Remarks | 12 : 30 |
| | |
| | |

AFTERNOON PROGRAM : Family Day

ELDER ON DUTY

Elder M Kampani & Elder D Chiuzeni

DEACONS / DEACONESSES ON DUTY

| <u>English Service</u> | <u>Chichewa Service</u> |
|------------------------------|-----------------------------------|
| Mrs. M. Chamba (Team Leader) | Mrs. Mwipi Chibwana (Team Leader) |
| Mr. H. Moyo | Mr. Meke |
| Mr. S. Matiti | Vitumbiko Jere |
| Mr. B. Supuni | Mrs. D. Ndazipere |
| Mrs. M. Kavinya | Richard Kachulu |
| Mrs. Chakuamba | Mr. C. Mtike |
| Mr. C. Kachiswe | Mrs. Baloyi |
| Mrs.Chumachao | Mrs. Makwakwa |

WORSHIP SERVICE NEXT SABBATH

SABBATH -5th April 2025

| ENGLISH SERVICE | |
|--------------------------------|---------------------|
| Bible reading | |
| Children Sermonette | Mrs Moyo |
| Preacher | Mrs Chisomo Fatchi |
| Singing Group | Pilgrims |
| Chorister | Mrs E Koloviko |
| Pianist | Mr Limbani Mahatchi |
| First Prayer & Call to worship | |
| Second Prayer & offertory | |

| SABBATH SCHOOL 09:00 - 10:30 | |
|-------------------------------|--------------------------------------|
| Song Service & Sabbath School | Sabbath School Department |
| Sabath School Lesson | All SS Teachers (Chichewa & English) |

| CHICHEWA SERVICE | |
|--------------------|---------------------|
| Wowelenga Baibulo | |
| Ulaliki wa Ana | |
| Mlaliki | Elder H Chamba |
| Gulu Loimba | Pilgrims |
| Woimbitsa Nyimbo | Mrs E Koloviko |
| Woimba Limba | Mr Limbani Mahatchi |
| Pemphero Loyamba | |
| Pemphero Lotsiliza | |

AFTERNOON PROGRAM : **Prayer and Fasting**

ELDER ON DUTY

Elder N Pendame

DEACONS / DEACONESSES ON DUTY

| <u>English Service</u> | <u>Chichewa Service</u> |
|------------------------------|-----------------------------------|
| Mrs. M. Chamba (Team Leader) | Mrs. Mwipi Chibwana (Team Leader) |
| Mr. H. Moyo | Mr. Meke |
| Mr. S. Matiti | Vitumbiko Jere |
| Mr. B. Supuni | Mrs. D. Ndazipere |
| Mrs. M. Kavinya | Richard Kachulu |
| Mrs. Chakuamba | Mr. C. Mtike |
| Mr. C. Kachiswe | Mrs. Baloyi |
| Mrs.Chumachao | Mrs. Makwakwa |

SATURDAY, MARCH 22

Love Is the Fulfillment of the Law

Read for This Week's Study

Exod. 20:1–17; Rom. 6:1–3; Rom. 7:7–12; Jer. 31:31–34; Matt. 23:23, 24; James 2:1–9.

Memory Text:

“Owe no one anything except to love one another, for he who loves another has fulfilled the law” (**Romans 13:8, NKJV**).

While they were dealing with a problematic member, someone on the church board said to the pastor, “We can’t make decisions based on compassion.” We can’t? The pastor wondered what this person’s understanding of God and of God’s law must have been. Compassion certainly needs to be central in how we deal with people, especially erring ones. Compassion is part and parcel of love, and as **Romans 13:8** tells us, to love one’s neighbor is to fulfill the law.

If love is indeed the fulfillment of the law, then we should be careful not to think of law in a way that is separate from love or to think of love in a way that is disconnected from law. In Scripture, love and law go together. The divine Lawgiver is love, and accordingly, God’s law is the law of love. It is, as Ellen G. White put it, the transcript of God’s character. (See Christ’s Object Lessons, p. 305.)

God’s law is not a set of abstract principles but commands and instructions intended for our flourishing. God’s law is, in its totality, an expression of love as God Himself expresses it.

**Study this week’s lesson to prepare for Sabbath, March 29.*

Supplemental EGW Notes

In setting aside the law of God, men know not what they are doing. God’s law is the transcript of His character. It embodies the principles of His kingdom. He who refuses to accept these principles is placing himself outside the channel where God’s blessings flow.

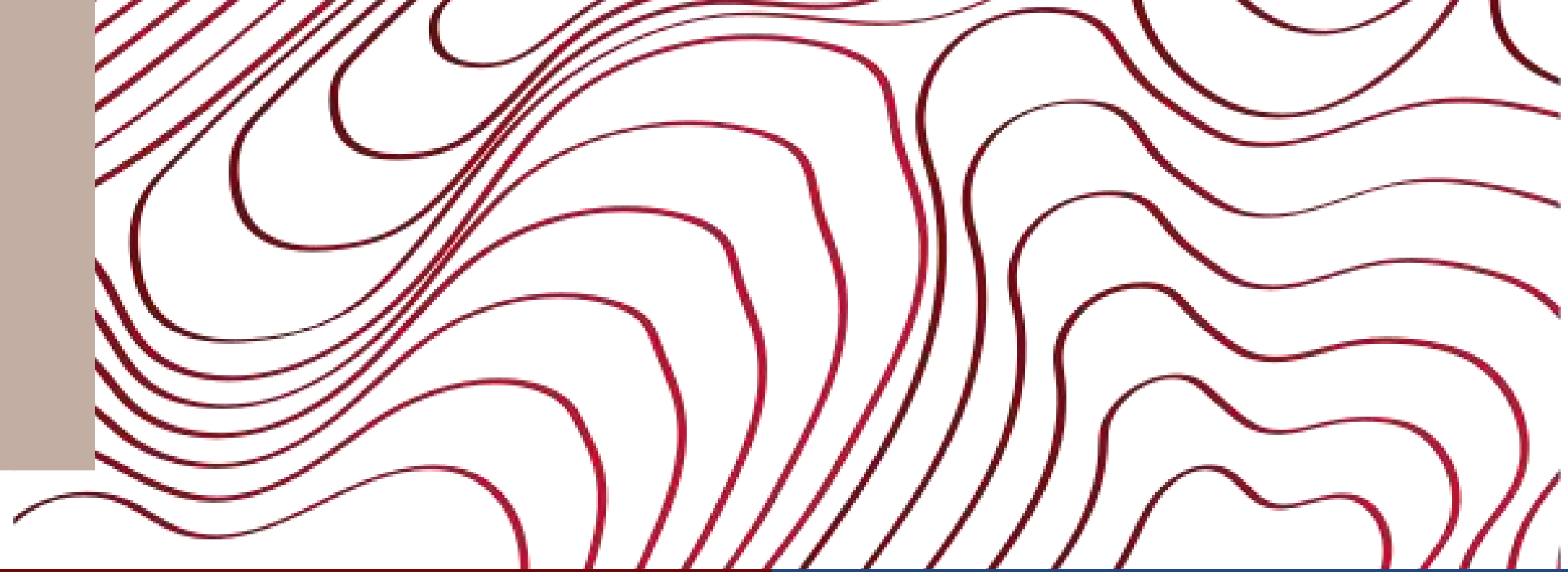
The glorious possibilities set before Israel could be realized only through obedience to God’s commandments. The same elevation of character, the same fulness of blessing—blessing on mind and soul and body, blessing on house and field, blessing for this life and for the life to come—is possible for us only through obedience.

In the spiritual as in the natural world, obedience to the laws of God is the condition of fruit bearing. And when men teach the people to disregard God’s commandments, they are preventing them from bearing fruit to His glory. They are guilty of withholding from the Lord the fruits of His vineyard.—Christ’s Object Lessons, p. 305.

The great God has a law by which to govern His kingdom, and those who trample upon that law will one day find that they are amenable to its statutes. The remedy for transgression is not to be found in declaring that the law is abolished. To abolish the law would be to dishonor it, and to cast contempt upon the Lawgiver. The only escape for the transgressor of law is found in the Lord Jesus Christ; for through the grace and atonement of the only-begotten Son of God, the sinner may be saved and the law - vindicated.—Fundamentals of Christian Education, p. 331.

The same divine mind that is working upon the things of nature is speaking to the hearts of men and creating an inexpressible craving for something they have not. The things of the world cannot satisfy their longing. The Spirit of God is pleading with them to seek for those things that alone can give peace and rest—the grace of Christ, the joy of holiness. Through influences seen and unseen, our Saviour is constantly at work to attract the minds of men from the unsatisfying pleasures of sin to the infinite blessings that may be theirs in Him. To all these souls, who are vainly seeking to drink from the broken cisterns of this world, the divine message is addressed, “Let him that is athirst come. And whosoever will, let him take the water of life freely.” **Revelation 22:17**.

You who in heart long for something better than this world can give, recognize this longing as the voice of God to your soul. Ask Him to give you repentance, to reveal Christ to you in His infinite love, in His perfect purity. In the Saviour’s life the principles of God’s law—love to God and man—were perfectly exemplified. Benevolence, unselfish love, was the life of His soul. It is as we behold Him, as the light from our Saviour falls upon us, that we see the sinfulness of our own hearts.—Steps to Christ, p. 28.



Upcoming Events – APRIL 2025

- April 5: **Quarterly Day of Prayer**
- April 6-12: **Stewardship Revival Week**
- April 19: **Possibility Ministries Day**

Details of Events.

HOLY COMMUNION AND FAMILY DAY

Date : 29th March 2025
One service

ALBUM LAUNCH : Blessed Tidings from Neno.

Time : 13:00 hrs
Date : 30th March 2025

Day of Prayer and Fasting

Date : 5th April 2025

Stewardship Week

Theme : Trusting God Amid Financial Challenges
Date : 6th -12th April 2025

Announcements

- We warmly welcome our visitors and regular Church members.
Let us all observe reverence in Church.
- The Church board has recommended the following names to fill up positions in the Church officers of some departments as follows:
 1. Church Development
 - Mr Brian Supuni
 - Mr Kalimbuka
 2. Fundraising
 - Mr Steve Phalira
 - Mr Mabvuto Bamusi
 - Mr Richard Kachulu
 3. Finance & Procurement
 - Mr Precious Chonzi
- Today, 29th March 2025, is Holy Communion Sabbath, and as such we shall have one Service. All members are requested to partake the Holy communion.
- There will be an extra ordinary Church Board Meeting at 17:30 today 29th March 2025.
- We shall have a Day of Prayer and Fasting on 5th April 2025. All members are requested to prepare for this day. The Theme is: In the Upper room, Pray like Daniel in times of Crisis.
- We shall have Stewardship week from 6th to 12th April 2025. Under the theme: Trusting God amid financial challenges. Theme is Trusting God amid financial challenges
- 2025 Camp Meeting shall take place from 2nd to 6th September 2025, from 08:00am to 07:00PM.
- AY Classes started on 15th February 2025. All parents are requested to encourage their wards to take part.
- 2025 AY Induction shall take place on 22nd March 2025. All candidates to be Inducted are requested to prepare their uniforms and all relevant requirements.
- **TRANSFERS IN 2nd Reading**
 1. Miss Charity Pendame from Maranatha SDA
 2. Mrs Elizabeth Chapaladza from Nansengwa SDA
 3. Mr Dalitso Chapaladza from Nansengwa SDA
- **TRANSFERS OUT 2nd Reading**
 1. Mr Frank Before to Mabush SDA
 2. Ireen Before to Mabush SDA
 3. Grace Before to Mabush SDA
 4. Alinafe Before to Mabush SDA
- **SICKNESS**

Mr Kumwamba of police Jesus Way, is admitted at QUECH. Let's remember him in our prayers, and cheer him.
- Blantyre Adventist Hospital has organized a two weeks crusade at the Car park. From 30th March to 12th April 2025. The Preachers at this crusade are the visiting Doctors and Malawi Union Conference President Pastor T Y Nyirenda.
- Blessed Tidings from Neno will have their Album Launch at Sunnyside Church on Sunday 30th March 2025 from 1:00pm

Announcements

WEDDDING ANNOUNCEMENTS

- ❑ Mr Fred Chibwana of Dickson Village T/A Nkalo Chiradzuru District, A Member of Sunnyside SDA Church Intends to be wedded to Miss Praise Lusayo Changadeya a bride from Changadeya Village T/A Chanthunya, Balaka District, A member of Sunnyside SDA Church on 21st April 2025 at Sunnyside SDA Church to be Officiated by Pastor Dr T W Katsekera from 8:00am and there after to a reception at Game Haven Lodge.
This is the first announcement.

Announcements

- Members are being encouraged to notify Head Deacon, Mr. T Kazembe of any sickness or bereavement, for members to pray and be available for the concerned families.
- The Church would like to appeal to members who have been worshipping with us for more than six months, or will be worshipping with us for long, to contact the Church Clerk, to have their names transferred to Sunnyside Church.
- Sunnyside Jesus Way meets every Wednesday and Fridays from 5:30- 6:15pm. All members that would like to attend are most welcome.
- 2025 SWM conference AYM Membership Fee Registration will be as follows;

| ADVENTURERS | PATHFINDERS | SENIOR YOUTH ABOVE 16YEARS |
|-------------|-------------|----------------------------|
| K1,400.00 | K2,100.00 | K2,800.00 |

- Announcements from Adventist Youth
Monthly Contributions are as follows;
Adventures -K500.00
Pathfinders -K500.00
Senior Youth(16 years above) -K1,000.00
AY classes shall be held on Sundays.
- Both men and women, boys and girls are reminded to dress responsibly bearing in mind that as Children of the Most high come to God’s house to worship in truth and in spirit. Therefore, need to dress appropriately as befitting Christians waiting for the second coming of Jesus Christ.
- Members are being encouraged to come on time for the Church services and encouraged to attend afternoon programs. English service starts at 07:30am.
- **HEALTH DEPARTMENT**
Health department invites all members to Sports activities every Sunday, from 05:00am, here at Church. This Sunday, everyone coming to the Sports should bring a Note pad and pen. Health department would like to monitor progress of all participants.
- **MUSIC DEPARTMENT**
Sabbath Music Session : From 1:30pm to 2:00pm

Special appeal to Parents to ensure that their wards attend afternoon programs and not be outside during afternoon worship.

REMEMBER TITHE AND OFFERING
PLEASE REMEMBER TO RETURN TITHE AND GIVE OFFERINGS
USE THE ENVELOPES FOR YOUR PLANNED TITHE & OFFERINGS

JOURNEY THROUGH THE BIBLE

Reading from 23rd March - 29th March, 2025

| | |
|------------|-------------------|
| 30/03/2025 | - (Revelation 5) |
| 31/03/2025 | - (Revelation 6) |
| 01/04/2025 | - (Revelation 7) |
| 02/04/2025 | - (Revelation 8) |
| 03/04/2025 | - (Revelation 9) |
| 04/04/2025 | - (Revelation 10) |
| 05/04/2025 | - (Revelation 11) |

Weekly Spirit of Prophecy Reading; Steps to Christ Chap. 9
The Work and Life

SABBATH PROGRAMS

| ACTIVITY | TIME | |
|---|----------|----------|
| Teachers Lesson | 6:45:am | 7:20:am |
| Prayer Band | 7:20:am | 7:30:am |
| English Service | 7:30:am | 9:00:am |
| Sabbath School | 9:00:am | 9:35:am |
| Quarterly Lessons | 9:35:am | 10:20:am |
| Chichewa Devine Service | 10:20:am | 12:00:am |
| Music Session | 1:30:pm | 2:00:pm |
| Afternoon Program | 2:00:pm | 4:00:pm |
| Visitations, AY Classed & Departmental Meetings | 4:00:pm | 5:00:pm |

REMEMBER TITHE AND OFFERING
PLEASE REMEMBER TO RETURN TITHE AND GIVE OFFERINGS
USE THE ENVELOPES FOR YOUR PLANNED TITHE & OFFERINGS

WEEKLY HEALTH READING

Sabbath Health Reading- March, 29

Weight and Health



•Clearly, being the right weight is a very important part of being healthy, as well as of looking good. If you put health first and weight second, you will find that the weight eventually normalizes, but it just doesn't seem to work the other way round. In the long run, adequate exercise and a positive cheerful outlook are as important as diet as for good health and lasting weight control. Achieving the right weight should be part of an ongoing life plan and not just an isolated scheme for a few weeks. 'I must lose weight for the holidays' is not the motivation for lasting success!

•If you want to maximize your health, it is essential to be in control of what you eat. You cannot allow the taste, sight, or remembrance of a food to dictate what you eat, many weight-control programmers rail because they don't retrain your thinking about food. Clearly, if you make an enormous effort of self-discipline and deny yourself cream cakes and chocolate, you may lose weight but continue to think longingly of them and you are likely to resist the urge to eat them when you have got your weight down. Sadly, if that's the case, as so many can testify, your weight won't stay down.

•Being the right weight involves the whole person, not just the eating habits. Spiritual factors are important too, especially coming to creation. Even in the twenty-first century, the Bible has many valuable about health, food, and weight. It tells the story of a loving God who prepared a perfect and beautiful world for His children. Everything was made according to His plan. He designed their bodies and planned their work and recreation, environment, food, and companionship, which He Himself would share. The closer we can get the original principles, including the original plant food diet and physically active life, and the communion with creator, the better our health will be, and that applies to our weight as well (Your Health in Your Hands. P.92)

HEALTH EMPHASIS WEEKS

Date: 30-March to 12-April

Time: 5:30pm to 7:00pm

Location: BAH Admin Car Park

Speakers:

PS T.Y Nyirenda

Arega Fekadu (Cardio Thoracic Surgeon)

Tiffany Priester (Cardiologist)

Nan Wang (Cardio Thoracic Surgeon)

Brian Schwarts (Cardiologist)

**Better
Health
Better
Life**

YOU ARE ALL INVITED

MANAGING IN TOUGH TIMES

'Offer to God thanksgiving and pay your vows to the Most High. Call upon Me in the day of trouble; I will deliver you, and you shall glorify Me' " (Psalm 50:14, 15, NKJV).

Sometimes our world seems to be spinning out of control: wars, bloodshed, crime, immorality, natural disasters, pandemics, economic uncertainty, political corruption, and more. There is a strong urge for individuals and families to think first of their own survival. Accordingly, much thought is given to seeking security in these uncertain times, which, of course, is understandable. The toils of life do take a lot of our daily focus. With debts to pay, children to raise, property to maintain, it does take time and thought. And, of course, we do need clothes, food, and shelter. In the Sermon on the Mount, Jesus addressed these very basic needs and then stated, " 'Your heavenly Father knows that you need all these things. But seek first the kingdom of God and His righteousness, and all these things shall be added to you' " (Matt. 6:32, 33, NKJV). Amid trying times, when we need to lean on the Lord more than ever, there are some concrete steps, based on biblical principles, that we should follow.

1.Putting God First (Read 2 Chronicles 20:1–22.)

The God who delivered them is the same God whom we love and worship, and His power is just as great today as back then. The challenge, for us, is to trust in Him and His leading.

2.Trust God, Not Your Own Resources (1 Chronicles 21:1–14.)

In our immediate context, it is very tempting to trust in the power of the government or in our bank accounts, but in every crisis mentioned in the Bible, when the people trusted in God, He honored their trust and provided for them. We should be using the present time to get square with God, get out of debt, and be generous with what we have been given. In the words of the well-known, Thomas Dorsey gospel song, "If we ever needed the Lord before, we sure do need Him now."

3.Time to Simplify?

As Seventh-day Adventist Christians we must always live in the light of eternity. Yes, of course, we need to work hard to provide for ourselves and our families; and if we have been blessed with wealth, nothing is wrong with enjoying it now, provided we don't become greedy and are generous with it in regard to the needy. Yet, we must always remember that whatever we accumulate here is transitory; fleeting; and, if we are not careful, has the potential to be spiritually corrupting.

4.Priorities

Paul wrote, "Set your affection on things above, not on things on the earth" (Col. 3:2). Of course,

that's easier said than done, because the things of the world are right here before us every day. The lure of "all that is in the world" is strong; the pull for immediate gratification is always there, whispering in our ears or pulling on our shirt sleeves—or both. Hasn't even the most faithful Christian felt some love for "the things of the world"? Even with our knowledge that one day it will all end, we still feel the pull, don't we? The good news, however, is that we don't need to let it pull us away from the Lord.

5.When No One Can Buy or Sell Revelation 13:11–17.

The Bible paints a painful picture of the world before the second coming of Jesus. Daniel writes about " 'a time of trouble, such as never was since there was a nation, even to that time' " (Dan. 12:1, NKJV). Considering some of the troublous times in the past, what he is referring to here must be pretty bad. The book of Revelation also points to troubling times before the return of Christ.

You can't buy or sell? How much of our lives today revolves around buying and selling? Our work is, in a sense, our selling of our time and skills and goods to those who want to buy them. Not being able to buy or sell all but means not being able to function in society. The pressure on those who remain faithful will then be enormous. Plus, the more money that you have, the more stake you will have in this world, at least in terms of material possessions, and so, surely, the pressure to conform will be even stronger. How then do we prepare? We prepare now, by making sure through God's grace that we are not slaves to our money, to the things of the world. If we are not bound to them now, we won't be when we will, in order to be faithful, have to give them up.

God explained through Moses that one of the reasons He established the tithing system was " 'that you may learn to fear the Lord your God always' " (Deut. 14:23, NKJV). In the poetic parallelism of Psalm 31:19, we see that fear is synonymous with trust. "Oh, how great is Your goodness, which You have laid up for those who fear You, which You have prepared for those who trust in You" (NKJV). These parallel lines show us that to fear the Lord is to trust Him. Therefore, we understand that God established the tithing system to protect us from selfishness and to encourage us to trust Him to provide for us. While being faithful in tithe is certainly not a guarantee that people will stay faithful in the end, those who are not faithful in tithe are surely setting themselves up for trouble

CHURCH LEADERSHIP

| DEPARTMENT | ADVISOR | PHONE |
|---|---------------------|--------------|
| 1. Church Pastor | Ps. Dr. Katsekera | 0991 684 986 |
| 2. First Elder Treasury & Clerk | Elder M Kampani | 0886 592 737 |
| 3. Associate First Elder Dorcas/Health/Family Life | Elder R Bunyani | 0999 871 055 |
| 4. Stewardship, Strategic Planning & Communication | Elder N Pendame | 0999 273 825 |
| 5. Personal Min/Deaconry Finance & Proc | Elder A Chipungu | 0888 857 696 |
| 6. Youth Min/PCM/Children’s Min | Elder Y Nseula | 0999 974 888 |
| 7. Sabbath School | Elder G Phuza | 0999 587 063 |
| 8. Public Affairs & Religious Liberty | Elder C Kaluwa | 0888 122 655 |
| 9. Church Dev/Camp Meeting /Fundraising | Elder W Mpinganjira | 0888 200 300 |
| 10. Possibilities Min/Int. Cord | Elder S Kamwendo | 0888 141 714 |
| 11. Music & Education | Elder J Dzinga | 0981 822 542 |
| 12. AMO/Publishing/VOP | Elder R Chiuzeni | 0999 353 037 |

DEPARTMENTAL LEADERS

| DEPARTMENT | LEADER | PHONE |
|-----------------------------------|-------------------|--------------|
| 1. Head Deacon | Mr. T Kazembe | 0999 954 045 |
| 2. Head Deaconess | Mrs S. Mwandama | 0881 025 122 |
| 3. Church Clerk | Dr. W Chikuni | 0999 085 601 |
| 4. Church Treasurer | Mr. C Phuza | 0888 890 987 |
| 5. Church Dev.& Fundraising | Mr. Mackson | 0996 867 190 |
| 6. Finance & Procurement | Mrs. Chamba | 0888 448 484 |
| 7. Personal Ministries | Prof. G Kululanga | 0880 891 796 |
| 8. Dorcas | Mrs. M Nseula | 0888 854 544 |
| 9. Adventist Men | Mr. J Mataya | 0999 950 613 |
| 10. Family Ministries | Mr. & Mrs Chamba | 0888 958 721 |
| 11. Health | Mrs B Moyo | 0994 777 116 |
| 12. Interest Coordinator | Ms. L Limani | 0884 712 516 |
| 13. Sabbath School Superintendent | Mr. M Bamusi | 0999 292 240 |
| 14. Communications Leader | Mr. S Nkosi | 0888 347 656 |
| 15. Stewardship | Mr. B Kankhuni | 0999 927 108 |
| 16. Spirit Of Prophecy | Mr. Chilunga | 0887 171 665 |
| 17. Religious Liberty | Mr. P Kalimbuka | 0888 921 333 |
| 18. Music Director | Mr. S Matandika | 0888 867 719 |
| 19. PCM | Mrs. P Katundu | 0881 527 825 |
| 20. Children’s Min | Dr. Kululanga | 0888 851 381 |
| 21. Young Adult | Mrs.G Banda | 0888 337 287 |
| 22. Pathfinder | Mr. A M’dala | 0997 216 715 |
| 23. Adventurer | Mrs Supuni | 0881 270 192 |
| 24. Camp Meeting | Mr. G Phuza | 0999587 063 |

CHURCH BANK DETAILS

FDH BANK, UMOYO BRANCH, BLANTYRE
(Main) Account Number – 1850000061481
(Building) Account Number – 1850000061497
Email address : treasure.sunnysidesda@gmail.com

church clerk email: clerk@sunnysidesdamw.com
sunnysidesdachurchmw.@gmail.com