



Seventh-day Adventist[®] Church **SUNNYSIDE**

22nd March 2025



Childrens chapel & Multipurpose building

Closing Youth week of Prayer and 2025 AY Induction program

2025 AY INDUCTION



Honour Christ in that which I choose to BEHOLD.
HONOUR CHRIST in that I choose to LISTEN.
HONOUR CHRIST in the choice of places to which I GO.
HONOUR CHRIST in the choice of ASSOCIATES.
HONOUR CHRIST in that which I choose to SPEAK.
HONOUR CHRIST in the care I give my BODY TEMPLE



Pastor Dzimbiri
Preacher - Youth Week of Prayer

P.O. Box 31560 Chichiri, Blantyre 3, Malawi Africa
Email: sunnysidesdachurchmw@gmail.com

WORSHIP SERVICE THIS SABBATH

SABBATH -22nd MARCH 2025

ENGLISH SERVICE	
Bible reading	Miss Tracy Katsekera
Children Sermonette	Mrs Beauty Moyo
Preacher	Pastor Brian Dzimbiri
Singing Group	One Purpose
Chorister	Mrs E Koloviko
Pianist	Mr Mphatso Luwani
First Prayer & Call to worship	
Second Prayer & offertory	

SABBATH SCHOOL 09:00 - 10:30	
Song Service & Sabbath School	One Purpose / Youth Department
Sabath School Lesson	All SS Teachers (Chichewa & English)

CHICHEWA SERVICE	
Wowelenga Baibulo	Miss Tadala Njenjema
Ulaliki wa Ana	Mrs S Mwandama
Mlaliki	Pastor Brian Dzimbiri
Gulu Loimba	One Purpose
Woimbitsa Nyimbo	Mrs E Koloviko
Woimba Limba	Mr Mphatso Luwani
Pemphero Loyamba	
Pemphero Lotsiliza	

AFTERNOON PROGRAM : Youth Week of Prayer and Induction

ELDER ON DUTY

Elder W Mpinganjira & Elder M Kampani

DEACONS / DEACONESSES ON DUTY

<u>English Service</u>	<u>Chichewa Service</u>
Khumbo Chimungu (Team Leader)	Mrs. H. Golozera (Team Leader)
Ms. M. Zeka	Mr. S. Chinyama
Mr. B. Nyirenda	Mr. L. Thembachako
Mr. A. Nhlema	Ms. Thebuka
Mrs. Chigwenembe	Mr. G. Zimba
Mrs. L. Supuni	Mrs. I. Matiti
Mr. A. Chirwa	Mrs. S. Mwandama
Wathu Nseula	Mr. S. Phalira

WORSHIP SERVICE NEXT SABBATH

HOLY COMMUNIONSABBATH -29th MARCH 2025

ENGLISH SERVICE	
Bible reading	Mr Cai Bunyani
Children Sermonette	Mrs Chidothe
Preacher	Pastor Dr T W Katsekera
Singing Group	Senior Choir
Chorister	H Moyo
Pianist	Mr L Mahachi
First Prayer & Call to worship	
Second Prayer & offertory	
SABBATH SCHOOL 08:30	
Song Service & Sabbath School	Senior Choir
Sabath School Lesson	All SS Teachers (Chichewa & English)
HOLY COMMUNION SERVICE	
Feet washing	11 : 00 - 11 : 30
Members seated	11 : 30 - 11 : 40
Holy Communion Service	11 : 40 - 12 : 30
Final Remarks	12 : 30

AFTERNOON PROGRAM : Departmental Meetings & Visitations

ELDER ON DUTY

Elder W Mpinganjira & Elder M Kampani

DEACONS / DEACONESSES ON DUTY

<u>English Service</u>	<u>Chichewa Service</u>
Mrs. M. Chamba (Team Leader)	Mrs. Mwipi Chibwana (Team Leader)
Mr. H. Moyo	Mr. Meke
Mr. S. Matiti	Vitumbiko Jere
Mr. B. Supuni	Mrs. D. Ndazipere
Mrs. M. Kavinya	Richard Kachulu
Mrs. Chakuamba	Mr. C. Mtike
Mr. C. Kachiswe	Mrs. Baloyi
Mrs.Chumachao	Mrs. Makwakwa

March 15-21

Lesson : 12

Love and Justice: The Two Greatest Commandments



SABBATH AFTERNOON

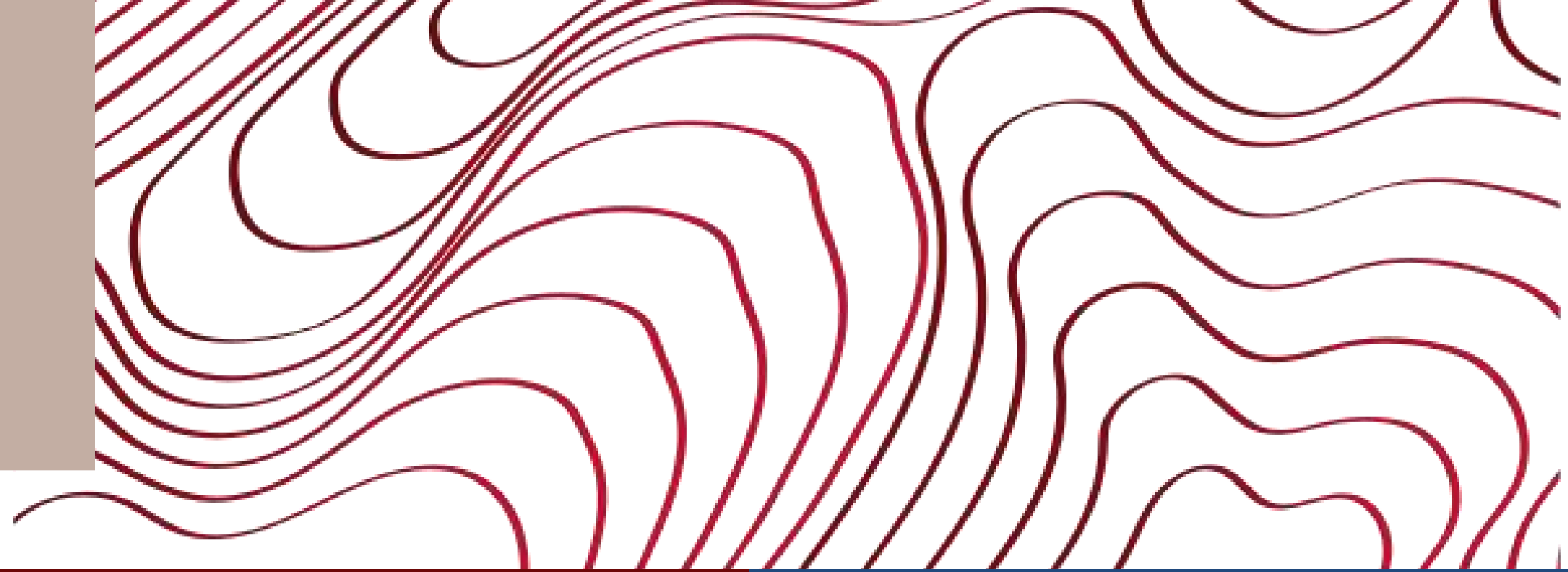
Read for This Week's Study: [Matt. 22:34-40; Zech. 7:9-12; Psalm 82; Micah 6:8; Matt. 23:23-30; Luke 10:25-37](#)

Memory Text: "If someone says, 'I love God,' and hates his brother, he is a liar; for he who does not love his brother whom he has seen, how can he love God whom he has not seen?" ([1 John 4:20](#), NKJV).

Though we have confidence that God will make all things right in the end, it still matters what we, as Christians, do in the here and now. Though there may be many injustices and evils that God will not now eradicate (due to the parameters of the cosmic conflict), this doesn't mean that we can't be used to help alleviate whatever suffering and evil we come across, at least to whatever degree possible. In fact, we are obligated, as Christians, to do just that.

As we have seen, love and justice go together; they are inseparable. God loves justice. Accordingly, if we love God, we will love justice, as well. Likewise, if we love God, we will love one another. Part of loving one another is sharing a concern for the well-being of those around us. When others are afflicted by poverty, oppression, or any kind of injustice, we should be concerned. When others are oppressed, we should not turn a blind eye. Instead, we should ask ourselves what we can do, individually and corporately, to advance God's love and justice in a way that reflects to our broken world our Lord's perfect character of righteousness and love.

Study this week's lesson to prepare for Sabbath, March 22.



Upcoming Events – APRIL 2025

- April 5: **Quarterly Day of Prayer**
- April 6-12: **Stewardship Revival Week**
- April 19: **Possibility Ministries Day**

Upcoming Events March 2025.

YOUTH WEEK OF PRAYER

Date : 16th to 22nd March 2025
Preacher : Pastor B. Dzimbiri

2025 AY INDUCTION

Date : 22nd March 2025

HOLY COMMUNION AND FAMILY DAY

Date : 29th March 2025
One service

ALBUM LAUNCH : Blessed Tidings from 1pm.

Announcements

- We warmly welcome our visitors and regular Church members.
Let us all observe reverence in Church.
- The Church board has recommended the following names to fill up positions in the Church officers of some departments as follows:
 1. Church Development
 - Mr Brian Supuni
 - Mr Kalimbuka
 2. Fundraising
 - Mr Steve Phalira
 - Mr Mabvuto Bamusi
 - Mr Richard Kachulu
 3. Finance & Procurement
 - Mr Precious Chonzi
- We shall have Holy Communion on 29th March 2025 and as such we shall have one Service.
- We shall have a Day of Prayer and Fasting on 5th April 2025. All members are requested to prepare for this day. **The Theme is: In the Upper room, Pray like Daniel in times of Crisis.**
- 2025 Camp Meeting shall take place from 2nd to 6th September 2025, from 08:00am to 07:00PM.
- All members of Camp Meeting organizing committee are invited to Preparatory meeting today, 22nd March from 4:30pm.
- AY Classes started on 15th February 2025. All parents are requested to encourage their wards to take part.
- 2025 AY Induction shall take place on 22nd March 2025. All candidates to be Inducted are requested to prepare their uniforms and all relevant requirements.
- **TRANSFERS IN 1st Reading**
 1. Miss Charity Pendame from Maranatha SDA
 2. Mrs Elizabeth Chapaladza from Nansengwa SDA
 3. Mr Dalitso Chapaladza from Nansengwa SDA
- **TRANSFERS OUT 1ST Reading**
 1. Mr Frank Before to Mabush SDA
 2. Ireen Before to Mabush SDA
 3. Grace Before to Mabush SDA
 4. Alinafe Before to Mabush SDA
- **SICKNESS**
Mr Kumwamba of police Jesus Way, is admitted at QUECH. Let's remember him in our prayers, and cheer him.
- Blantyre Adventist Hospital has organized a two weeks crusade at the Car park. From 30th March to 12th April 2025. The Preachers at this crusade are the visiting Doctors and Malawi Union Conference President Pastor T Y Nyirenda.
- Blessed Tidings from Neno will have their Album Launch at Sunnyside Church on Sunday 30th March 2025 from 1:00pm

Announcements

- Members are being encouraged to notify Head Deacon, Mr. T Kazembe of any sickness or bereavement, for members to pray and be available for the concerned families.
- The Church would like to appeal to members who have been worshiping with us for more than six months, or will be worshiping with us for long, to contact the Church Clerk, to have their names transferred to Sunnyside Church.
- Sunnyside Jesus Way meets every Wednesday and Fridays from 5:30- 6:15pm. All members that would like to attend are most welcome.
- 2025 SWM conference AYM Membership Fee Registration will be as follows;

ADVENTURERS	PATHFINDERS	SENIOR YOUTH ABOVE 16YEARS
K1,400.00	K2,100.00	K2,800.00

- Announcements from Adventist Youth
Monthly Contributions are as follows;
Adventures -K500.00
Pathfinders -K500.00
Senior Youth(16 years above) -K1,000.00
AY classes shall be held on Sundays.
- Both men and women, boys and girls are reminded to dress responsibly bearing in mind that as Children of the Most high come to God’s house to worship in truth and in spirit. Therefore, need to dress appropriately as befitting Christians waiting for the second coming of Jesus Christ.
- Members are being encouraged to come on time for the Church services and encouraged to attend afternoon programs. English service starts at 07:30am.
- **HEALTH DEPARTMENT**
Health department invites all members to Sports activities every Sunday, from 05:00am, here at Church. This Sunday, everyone coming to the Sports should bring a Note pad and pen. Health department would like to monitor progress of all participants.
- **MUSIC DEPARTMENT**
Sabbath Music Session : From 1:30pm to 2:00pm

Special appeal to Parents to ensure that their wards attend afternoon programs and not be outside during afternoon worship.

REMEMBER TITHE AND OFFERING
PLEASE REMEMBER TO RETURN TITHE AND GIVE OFFERINGS
USE THE ENVELOPES FOR YOUR PLANNED TITHE & OFFERINGS

JOURNEY THROUGH THE BIBLE

Reading from 23rd March - 29th March, 2025

23/03/2025	- (2 John 1)
24/03/2025	- (3 John 1)
25/03/2025	- (1 Jude 1)
26/03/2025	- (Revelation 1)
27/03/2025	- (Revelation 2)
28/03/2025	- (Revelation 3)
29/03/2025	- (Revelation 4)

Weekly Spirit of Prophecy Reading; Steps to Christ Chap. 9
The Work and Life

SABBATH PROGRAMS

ACTIVITY	TIME	
Teachers Lesson	6:45:am	7:20:am
Prayer Band	7:20:am	7:30:am
English Service	7:30:am	9:00:am
Sabbath School	9:00:am	9:35:am
Quarterly Lessons	9:35:am	10:20:am
Chichewa Devine Service	10:20:am	12:00:am
Music Session	1:30:pm	2:00:pm
Afternoon Program	2:00:pm	4:00:pm
Visitations, AY Classed & Departmental Meetings	4:00:pm	5:00:pm

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WEEKLY HEALTH READING

Sabbath Health Reading—March, 22 Arthrosis



Everyone knows someone who suffers from arthrosis (pain and degeneration of the joints). Some complain of pain in the knees, the back, in the hands or hips. Although they may not call it arthrosis, it is probable that they are suffering from this disease that is so common in people over the age of 55. The disease is especially common among women, among those with prior family history and in the obese.

The person with arthrosis experiences pain, inflammation, rigidity, and cracking in joints. This is because the cartilage, which serves as a cushion between the different bones, is wearing out and its regenerative properties weaken with age. But the person does not need to resign herself to her condition because she can adopt some simple recommendations that will compensate for this loss, as we will see as we go along.

Although serious or advanced cases of arthrosis exist for which strong clinical intervention is necessary, many older people can benefit from simple, natural remedies that do not carry with them harmful side effects.

Diet, for example, bears a close relationship to arthrosis. If you suffer from this illness, eliminate saturated fats, (butter, fried oil, eggs, hard cheeses, fats of animal origin) and consume moderate amounts of healthy fats, such as those coming from vegetables or seeds. Reduce or eliminate meat of all types. Reduce the amount of the sugars that you consume and enjoy ripe fruits in its natural state. Avoid canned, frozen or pickled foods, and eat raw boiled or grilled leafy and fresh vegetables.

Calcium and Sulphur are minerals that maintains cartilage in good condition and prevent degeneration. One should ingest foods rich in calcium such as almonds, yogurt, oranges, and all types of cabbage and cruciferous vegetables. Natural foods that contain Sulphur include legumes, whole grains (kernels or in bread) and molasses, the “honey” from sugar cane, which should be taken in small amounts since sweets generally increase the symptoms of the disease (*Enjoy Life. P.140*).

HEALTH EMPHASIS WEEKS

Date: 30-March to 12-April

Time: 5:30pm to 7:00pm

Location: BAH Admin Car Park

Speakers:

PS T.Y Nyirenda

Arega Fekadu (Cardio Thoracic Surgeon)

Tiffany Priester (Cardiologist)

Nan Wang (Cardio Thoracic Surgeon)

Brian Schwarts (Cardiologist)

**Better
Health
Better
Life**

YOU ARE ALL INVITED

MANAGING IN TOUGH TIMES

'Offer to God thanksgiving and pay your vows to the Most High. Call upon Me in the day of trouble; I will deliver you, and you shall glorify Me' " (Psalm 50:14, 15, NKJV).

Sometimes our world seems to be spinning out of control: wars, bloodshed, crime, immorality, natural disasters, pandemics, economic uncertainty, political corruption, and more. There is a strong urge for individuals and families to think first of their own survival. Accordingly, much thought is given to seeking security in these uncertain times, which, of course, is understandable. The toils of life do take a lot of our daily focus. With debts to pay, children to raise, property to maintain, it does take time and thought. And, of course, we do need clothes, food, and shelter. In the Sermon on the Mount, Jesus addressed these very basic needs and then stated, " 'Your heavenly Father knows that you need all these things. But seek first the kingdom of God and His righteousness, and all these things shall be added to you' " (Matt. 6:32, 33, NKJV). Amid trying times, when we need to lean on the Lord more than ever, there are some concrete steps, based on biblical principles, that we should follow.

1.Putting God First (Read 2 Chronicles 20:1–22.)

The God who delivered them is the same God whom we love and worship, and His power is just as great today as back then. The challenge, for us, is to trust in Him and His leading.

2.Trust God, Not Your Own Resources (1 Chronicles 21:1–14.)

In our immediate context, it is very tempting to trust in the power of the government or in our bank accounts, but in every crisis mentioned in the Bible, when the people trusted in God, He honored their trust and provided for them. We should be using the present time to get square with God, get out of debt, and be generous with what we have been given. In the words of the well-known, Thomas Dorsey gospel song, "If we ever needed the Lord before, we sure do need Him now."

3.Time to Simplify?

As Seventh-day Adventist Christians we must always live in the light of eternity. Yes, of course, we need to work hard to provide for ourselves and our families; and if we have been blessed with wealth, nothing is wrong with enjoying it now, provided we don't become greedy and are generous with it in regard to the needy. Yet, we must always remember that whatever we accumulate here is transitory; fleeting; and, if we are not careful, has the potential to be spiritually corrupting.

4.Priorities

Paul wrote, "Set your affection on things above, not on things on the earth" (Col. 3:2). Of course,

that's easier said than done, because the things of the world are right here before us every day. The lure of "all that is in the world" is strong; the pull for immediate gratification is always there, whispering in our ears or pulling on our shirt sleeves—or both. Hasn't even the most faithful Christian felt some love for "the things of the world"? Even with our knowledge that one day it will all end, we still feel the pull, don't we? The good news, however, is that we don't need to let it pull us away from the Lord.

5.When No One Can Buy or Sell Revelation 13:11–17.

The Bible paints a painful picture of the world before the second coming of Jesus. Daniel writes about " 'a time of trouble, such as never was since there was a nation, even to that time' " (Dan. 12:1, NKJV). Considering some of the troublous times in the past, what he is referring to here must be pretty bad. The book of Revelation also points to troubling times before the return of Christ.

You can't buy or sell? How much of our lives today revolves around buying and selling? Our work is, in a sense, our selling of our time and skills and goods to those who want to buy them. Not being able to buy or sell all but means not being able to function in society. The pressure on those who remain faithful will then be enormous. Plus, the more money that you have, the more stake you will have in this world, at least in terms of material possessions, and so, surely, the pressure to conform will be even stronger. How then do we prepare? We prepare now, by making sure through God's grace that we are not slaves to our money, to the things of the world. If we are not bound to them now, we won't be when we will, in order to be faithful, have to give them up.

God explained through Moses that one of the reasons He established the tithing system was " 'that you may learn to fear the Lord your God always' " (Deut. 14:23, NKJV). In the poetic parallelism of Psalm 31:19, we see that fear is synonymous with trust. "Oh, how great is Your goodness, which You have laid up for those who fear You, which You have prepared for those who trust in You" (NKJV). These parallel lines show us that to fear the Lord is to trust Him. Therefore, we understand that God established the tithing system to protect us from selfishness and to encourage us to trust Him to provide for us. While being faithful in tithe is certainly not a guarantee that people will stay faithful in the end, those who are not faithful in tithe are surely setting themselves up for trouble

CHURCH LEADERSHIP

DEPARTMENT	ADVISOR	PHONE
1. Church Pastor	Ps. Dr. Katsekera	0991 684 986
2. First Elder		
Treasury & Clerk	Elder M Kampani	0886 592 737
3. Associate First Elder		
Dorcas/Health/Family Life	Elder R Bunyani	0999 871 055
4. Stewardship, Strategic		
Planning & Communication	Elder N Pendame	0999 273 825
5. Personal Min/Deaconry		
Finance & Proc	Elder A Chipungu	0888 857 696
6. Youth Min/PCM/Children’s Min	Elder Y Nseula	0999 974 888
7. Sabbath School	Elder G Phuza	0999 587 063
8. Public Affairs & Religious Liberty	Elder C Kaluwa	0888 122 655
9. Church Dev/Camp Meeting		
/Fundraising	Elder W Mpinganjira	0888 200 300
10. Possibilities Min/Int. Cord	Elder S Kamwendo	0888 141 714
11. Music & Education	Elder J Dzinga	0981 822 542
12. AMO/Publishing/VOP	Elder R Chiuzeni	0999 353 037

DEPARTMENTAL LEADERS

DEPARTMENT	LEADER	PHONE
1. Head Deacon	Mr. T Kazembe	0999 954 045
2. Head Deaconess	Mrs S. Mwandama	0881 025 122
3. Church Clerk	Dr. W Chikuni	0999 085 601
4. Church Treasurer	Mr. C Phuza	0888 890 987
5. Church Dev.& Fundraising	Mr. Mackson	0996 867 190
6. Finance & Procurement	Mrs. Chamba	0888 448 484
7. Personal Ministries	Prof. G Kululanga	0880 891 796
8. Dorcas	Mrs. M Nseula	0888 854 544
9. Adventist Men	Mr. J Mataya	0999 950 613
10. Family Ministries	Mr. & Mrs Chamba	0888 958 721
11. Health	Mrs B Moyo	0994 777 116
12. Interest Coordinator	Ms. L Limani	0884 712 516
13. Sabbath School Superintendent	Mr. M Bamusi	0999 292 240
14. Communication Secretary	Mr. S Nkosi	0888 347 656
15. Stewardship	Mr. B Kankhuni	0999 927 108
16. Spirit Of Prophecy	Mr. Chilunga	0887 171 665
17. Religious Liberty	Mr. P Kalimbuka	0888 921 333
18. Music Director	Mr. S Matandika	0888 867 719
19. PCM	Mrs. P Katundu	0881 527 825
20. Children’s Min	Dr. Kululanga	0888 851 381
21. Young Adult	Mrs.G Banda	0888 337 287
22. Pathfinder	Mr. A M’dala	0997 216 715
23. Adventurer	Mrs Supuni	0881 270 192
24. Camp Meeting	Mr. G Phuza	0999587 063

CHURCH BANK DETAILS

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(Main) Account Number – 1850000061481
(Building) Account Number – 1850000061497
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